

March 2017 E.B.C. Ride Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Note addition of evening rides at 5:30 pm after the time changes on March 12! Come out and ride!!</p>	<p>HELMETS ARE ALWAYS MANDATORY!</p>	<p>Club Jersey Sundays Wear your EBC jersey on Sunday club rides.</p>	<p>1 12:30 @ <u>Elite Fitness 57 and Kansas Rd.</u> 17,23,35 mi. 6:00 PM <u>Circuit Ride @ Garvin Park</u> on N. Heidelberg Av. Up to 20 mi. Lights required</p>	<p>2 9:00 AM @ <u>Mesker Park Dr.</u> and Wimberg Ave. 23 mi.</p>	<p>3 1:00 PM @ <u>I-69 Access, Burkhardt & Olmstead Rds.</u> 17, 24, or 33mi</p>	<p>4 9:00 AM & 1:00 PM @ <u>Elite Fitness 57 & Kansas Rd.</u> 17, 23, 35, 43 mi.</p>
<p>5 10:00 AM @ <u>Scott School</u> on Old State Rd. 15, 26, 33 mi. 2:00 PM <u>Come Ride With Us @ I-69 Access, Burkhardt & Olmstead Rds.</u> 17, 22, or 33</p>	<p>6 1:00 PM @ <u>4H Fairgrounds</u> 15, 28 mi.</p>	<p>7 9:00 AM @ <u>I-69 Access Burkhardt & Olmstead Rds.</u> 17, 22 mi</p>	<p>8 12:30 @ <u>Elite Fitness 57 and Kansas Rd.</u> 17,23,35 mi. 6:00 PM <u>Circuit Ride @ Garvin Park</u> on N. Heidelberg Av. Up to 20 mi. Lights required</p>	<p>9 9:00 AM @ <u>Old Dam Site</u>, Newburgh 17, 27 mi. 6:00 Social Time. 7:00 PM “<u>Club Meeting</u>” @Schellers Fitness & Cycling Presentation by Schellers: bike maintenance, etc</p>	<p>10 1:00 PM @ <u>I-69 Access, Burkhardt & Olmstead Rds.</u> 17, 24, or 33mi</p>	<p>11 9:00 AM & 1:00 PM @ <u>Henderson Co. High School</u>, in Henderson, KY. 24, 32, 47 mi.</p>
<p>12 Daylight Savings Time 10:00 AM @ <u>Elite Fitness @ 57 & Kansas Rd.</u> 17, 23, 35, 43 mi 2:00PM <u>Come Ride With Us @ I-69 Access</u> Burkhardt & Olmstead Rds. 17, 24, 33 mi.</p>	<p>13 1:00 PM @ <u>4H Fairgrounds</u> 15, 28 mi. 5:30 PM <u>Come Ride With Us @ 4-H Fairground</u> 15 mi.</p>	<p>14 9:00 AM @ <u>I-69 Access Burkhardt & Olmstead Rds.</u> 17, 22 mi. 5:30 PM @ <u>I-69 Access Burkhardt & Olmstead Rd.</u> 17 mi.</p>	<p>15 12:30 @ <u>Elite Fitness 57 and Kansas Rd.</u> 17,23,35 mi. 6:00 PM <u>Circuit Ride @ Garvin Park</u> on N. Heidelberg Av. Up to 20 mi. Lights required</p>	<p>16 9:00 AM @ <u>Mesker Park Dr.</u> and Wimberg Ave. 23 mi. 5:30 PM @ <u>Old Dam Site</u>, Newburgh, 17 mi.</p>	<p>17 1:00 PM @ <u>I-69 Access, Burkhardt & Olmstead Rds.</u> 17, 24, or 33mi</p>	<p>18 9:00 AM & 1:00 PM @ <u>Elite Fitness 57 & Kansas Rd.</u> 17, 23, 35, 43 mi.</p>
<p>19 10:00 AM @ <u>Old Dam Site</u> Newburgh, 15,27,30 mi. 2:00 PM <u>Come Ride With Us @ I-69 Access</u> Burkhardt & Olmstead Rds. 17, 24, or 33 mi</p>	<p>20 1:00 PM @ <u>4H Fairgrounds</u> 15, 28 mi. 5:30 PM <u>Come Ride With Us @ 4-H Fairground</u> 15 mi.</p>	<p>21 9:00 AM @ <u>I-69 Access Burkhardt & Olmstead Rds.</u> 17, 22 mi. 5:30 PM @ <u>I-69 Access Burkhardt & Olmstead Rd.</u> 17 mi.</p>	<p>22 12:30 @ <u>Elite Fitness 57 and Kansas Rd.</u> 17,23,35 mi. 6:00 PM <u>Circuit Ride @ Garvin Park</u> on N. Heidelberg Av. Up to 20 mi. Lights required</p>	<p>23 8:00 AM <u>Club Century @ Crossroads Church</u> on Outer Lincoln, 100 mi. Tennyson or Touring Route 9:00 AM @ <u>Old Dam Site</u>, Newburgh, 17, 27 mi. 5:30 PM @ <u>Old Dam Site</u>, Newburgh, 17 mi.</p>	<p>24 1:00 PM @ <u>I-69 Access, Burkhardt & Olmstead Rds.</u> 17, 24, or 33mi</p>	<p>25 8:00 AM <u>Club Century @ Crossroads Church</u> on Outer Lincoln, 100 mi. Tennyson or Touring Route 9:00 AM & 1:00 PM @ <u>Elite Fitness 57 & Kansas Rd.</u> 17, 23, 35, 43 mi.</p>
<p>26 10:00 AM @ <u>Reitz High School</u> on Claremont off the Ray Becker Pkwy. 21, 40 mi. 2:00 PM <u>Come Ride With Us @ I-69 Access</u> Burkhardt & Olmstead Rds. 17, 24, or 33 mi</p>	<p>27 1:00 PM @ <u>4H Fairgrounds</u> 15, 28 mi. 5:30 PM <u>Come Ride With Us @ 4-H Fairground</u> 15 mi.</p>	<p>28 9:00 AM @ <u>I-69 Access Burkhardt & Olmstead Rds.</u> 17, 22 mi. 5:30 PM @ <u>I-69 Access Burkhardt & Olmstead Rd.</u> 17 mi.</p>	<p>29 12:30 @ <u>Elite Fitness 57 and Kansas Rd.</u> 17,23,35 mi. 6:00 PM <u>Circuit Ride @ Garvin Park</u> on N. Heidelberg Av. Up to 20 mi. Lights required</p>	<p>30 9:00 AM @ <u>Mesker Park Dr.</u> and Wimberg Ave. 23 mi. 5:30 PM @ <u>Old Dam Site</u>, Newburgh, 17 mi.</p>	<p>31 1:00 PM @ <u>I-69 Access, Burkhardt & Olmstead Rds.</u> 17, 24, or 33mi</p>	<p>New Riders need to be ready to leave 30 min. early and are encouraged to start with a “Come Ride With Us” Ride. We often eat out after Monday and Wednesday night rides.</p>

Ride Notes March 2017

Club Meeting on Thursday March 9. Presentation by Scheller's NO MEETING AT ROCA BAR in March! SCHELLER'S CYCLING AND FITNESS IS HOSTING US THIS MONTH!!

Please come join us as we learn about bicycle maintenance, bicycle fits, tire changes, etc. Scheller's Fitness and Cycling will provide dinner and drinks. Please come early to shop, munch, and mingle starting around 6:15. Presentation begins at 7:00. Come out and see what Scheller's can teach you for the new riding year.

Ride Hosts We are looking for **ride hosts for the spring**. It isn't too early to start planning that special ride you want to host. The weather will be warm again before we know it. (Or at least I hope it will be.)
Be sure to let Diane Bies know what you have planned and when so she can get it on the calendar with no conflicts.

EFFECTIVE MARCH 12 DAYLIGHT SAVINGS TIME IS BACK!!!

Monday evening rides at the 4-H Center are back on the calendar with Daylight Savings Time. This ride will be at **5:30** so we can finish before dark. Consider planning to stay for dinner after with the other riders. This is a great opportunity to get to know others.

Tuesday evening rides at Olmstead are also back. These are only 17 mile rides for March and will start at **5:30** also. Safety is a concern!

Wednesday night rides at Garvin Park Consider coming early if you want extra miles. You can earn up to 20 miles on these circuit rides in the park. We are staying in the park due to potential flooding on the Greenway. Lights are no longer required after the time change as we should be in by dark at 7:00. Consider planning to stay for dinner after with the other riders. This is a great opportunity to get to know others.

Thursday mornings at Mesker are back. We have spent the last two months at Newburgh on Thursday mornings because the roads there are cleared in the winter better than the west side ones. However, we are assuming winter is passed and going back to rotating the Thursday morning rides between the Old Dam and Mesker Park.

Thursday night rides at Newburgh Old Dam is a new addition. Again only the 17 mile route is on the schedule for a 5:30 start.

The Club Centuries are also back on the schedule!!! We are riding the Tennyson Century or a Touring Century this month on Thursday March 23 and Saturday March 25. Meet up at Crossroads Church at 8 AM for a fun day on the bike.

**GET OUT AND RIDE!! WE HAVE PLENTY OF OPPORTUNITIES TO RIDE WITH
FRIENDS ON THE CALENDAR. COME JOIN IN THE FUN!!!!
MAYBE IT WILL STAY WARM SOON. SPRING ARRIVES ON MARCH 20.**