

# April 2013 E.B.C. Ride Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>EASTER SUNDAY</i></p> <p><b>Club Jersey Sundays</b> Wear your EBC jersey on Sunday club rides.</p>	<p>1 5:30 PM <b>Come Ride With Us @ 4-H Fairground</b> 15 mi. Dinner after -place to be determined by riders</p>	<p>2 9:00 AM and 5:30 PM @ <b>I-164 Access Burkhardt &amp; Olmstead Rds.</b> 17, 22 mi.</p>	<p>3 5:30 PM <b>Elite Fitness Truck Pro Route Hwy 57 and Kansas Rd.</b> 22 mi.</p>	<p>4 9:00 AM @ <b>Mesker Park Dr.</b> 23 mi.  6:00 PM <b>Circuit Ride @ Boonville Jr. HS</b> Ride 1 hour 20 mi.</p>	<p>5 9:00AM <b>Circuit Ride @ Boonville Jr. HS</b> Ride 1 hour 20 mi.</p>	<p>6 9:30 AM &amp; 1:00 PM @ <b>Henderson Co. High School</b> in Henderson, KY 24, 32, 47 mi.  <b>Volunteer Opportunities</b>(47 mi credit) <b>SIC Marathon</b> Contact Diane Bies 453-9966 approx. 9 am to noon <b>Chick-fil-A Bike Rodeo</b> Contact Paul Jensen 760-6158 approx. 8:30 to 11 am</p>
<p>7 10:00 AM @ <b>Scott School</b> on Old State Rd. 15, 26, or 33 mi.  2:00 PM <b>Come Ride With Us @ I-164 Access</b> Burkhardt &amp; Olmstead Rds. 17, 22, or 33 mi.</p>	<p>8 6:00 PM <b>Come Ride With Us @ 4-H Fairground</b> 15 mi. Dinner after -place to be determined by riders</p>	<p>9 9:00 AM and 5:30 PM @ <b>I-164 Access Burkhardt &amp; Olmstead Rds.</b> 17, 22 mi.</p>	<p>10 5:30 PM <b>Elite Fitness Truck Pro Route Hwy 57 and Kansas Rd.</b> 22 mi.</p>	<p>11 9:00 AM @ <b>Old Dam Site</b>, Newburgh, 17, 27 mi.  6:30 PM <b>Club Meeting @ Bike Doctor</b> on Vogel Rd. Refreshments provided. Pizza and drinks <b>How and where to lube your bike instruction</b> after short mtg.</p>	<p>12 NO CIRCUIT RIDE</p>	<p>13 9:30 AM &amp; 1:00 PM @ <b>Elite Fitness</b> (57 &amp; Kansas Rd) 16, 23, 35, 43 mi.</p>
<p>14 10:00 AM @ <b>Elite Fitness</b> (57 &amp; Kansas) 16, 23, 35, or 43 mi.  2:00 PM <b>Come Ride With Us @ I-164 Access</b> Burkhardt &amp; Olmstead Rds. 17, 22, or 33 mi.</p>	<p>15 6:00 PM <b>Come Ride With Us @ 4-H Fairground</b> 15 mi. Dinner after -place to be determined by riders</p>	<p>16 9:00 AM and 5:30 PM @ <b>I-164 Access Burkhardt &amp; Olmstead Rds.</b> 17, 22 mi.</p>	<p>17 5:30 PM <b>Elite Fitness Truck Pro Route Hwy 57 and Kansas Rd.</b> 22 mi.</p>	<p>18 9:00 AM @ <b>Mesker Park Dr.</b> 23 mi.  6:00 PM <b>Circuit Ride @ Scott School</b> Ride 1 hour 20 mi.</p>	<p>19 9:00 AM <b>Circuit Ride @ Scott School</b> Ride 1 hour 20 mi.</p>	<p>20 8 AM <b>Rockin River City Ride</b> See details at <a href="http://Rockinrivercityride.org">Rockinrivercityride.org</a> 25, 60, 100 K \$\$ <b>Volunteers needed</b> for EBC vendor booth (Cotact Diane Bies 453-9966) <b>1:00 PM @ Elite Fitness</b> (57 &amp; Kansas Rd) 16, 23, 35, 43 mi.</p>
<p>21 7:30 AM <b>Ride for the Red Henderson</b> 2nd and Water 12, 36, 63 mi. \$\$  2:00 PM <b>Come Ride With Us @ I-164 Access</b> Burkhardt &amp; Olmstead Rds. 17, 22, or 33 mi.</p>	<p>22 6:00 PM <b>Come Ride With Us @ 4-H Fairground</b> 15 mi. Dinner after -place to be determined by riders</p>	<p>23 9:00 AM and 5:30 PM @ <b>I-164 Access Burkhardt &amp; Olmstead Rds.</b> 17, 22 mi.</p>	<p>24 5:30 PM <b>Elite Fitness Truck Pro Route Hwy 57 and Kansas Rd.</b> 22 mi.</p>	<p>25 8:00 AM <b>Club Century@ Crossroads Church</b> Santa Claus or Touring Rte 100 mi.  9:00 AM @ <b>Old Dam Site</b>, Newburgh, 17, 27 mi.  6:00 PM <b>Circuit Ride @ St. Joe Cath Church</b> St. Joseph, IN 6202 W. St. Joseph Rd. Ride 1hr. 20 mi</p>	<p>26 9:00 AM <b>Circuit Ride @ St. Joe Cath Church</b> St. Joseph, IN 6202 W. St. Joseph Rd. Ride 1hr. 20 mi</p>	<p>27 8:00 AM <b>Club Century@ Crossroads Church</b> Santa Claus or Touring Rte 100  9:30 AM &amp; 1:00 PM @ <b>Elite Fitness</b> (57 &amp; Kansas Rd) 16, 23, 35, 43 mi.</p>
<p>28 10:00 AM @ <b>Old Dam Site Newburgh</b>, 27 or 40 mi.  2:00 PM <b>Come Ride With Us @ I-164 Access</b> Burkhardt &amp; Olmstead Rds. 17, 22, or 33 mi.</p>	<p>29 6:00 PM <b>Come Ride With Us @ 4-H Fairground</b> 15 mi. Dinner after -place to be determined by riders</p>	<p>30 9:00 AM and 5:30 PM @ <b>I-164 Access Burkhardt &amp; Olmstead Rds.</b> 17, 22 mi.</p>		<p>New Riders need to be ready to leave 30 min. early and are encouraged to start with a "Come Ride With Us" Ride  <b>May &amp; June Ride Hosts needed!!</b></p>	<p><b>HELMETS ARE ALWAYS MANDATORY!</b></p>	<p>Rockin River City Ride 4-20-13 <a href="http://rockinrivercityride.org/">http://rockinrivercityride.org/</a>  Ride for the Red 4-21-13 <a href="http://american.redcross.org/site/Calendar?view=Detail&amp;id=103365">http://american.redcross.org/site/Calendar?view=Detail&amp;id=103365</a></p>

## Ride Notes April 2013

**Club Meeting on Thursday April 14.** Please come join us. **Bike Doctor** on Vogel Rd. has invited us to meet at their store this month. They will provide pizza and refreshments and **teach us how and where to lube our bikes**. This knowledge is very valuable to keep your bike running smoothly, especially if you get caught in the rain.

**Ride Hosts** We are looking for **ride hosts for the spring**. It isn't too early to start planning that special ride you want to host. Be sure to let Diane Bies know what you have planned and when so she can get it on the calendar with no conflicts. There are a lot of fun events coming soon.

### **APRIL Volunteer Opportunities:**

**Saturday April 6** The **SIC Marathon** is happening again at the 4-H Center. We offer support to the runners as they run. Our volunteers ride their bikes along the last half of the marathon course to offer support both mentally and physically if needed to the runners. We carry water, food, band-aids and other such items. The runners appreciate our assistance and attention. If you are interested in helping, please contact Diane Bies at 453-9966. We will start in the morning and be finished by 1:00 pm or earlier.

**Saturday April 6** We are putting on a **Bike Rodeo at the Chick-fil-A** on Lloyd Expressway. We will be fitting helmets and helping kids learn to ride safely. Please contact Bill Voegel to volunteer at 480-8873. Volunteers needed from 8:30 to about 11 am.

**Saturday April 20** We will have a **"vendor booth"** at the **Rockin River City Ride**. We need help staffing that booth while most of us ride the route.

**Rockin River City Ride** is happening **April 20** at Sunset Park. There are 5 and 10K family bike rides, as well as 25, 60, and 100K routes offered. Please check it out and come join the community in riding this ride. This ride is sponsored by the Junior League of Evansville. For more information see their website at <http://rockinrivercityride.org/>

**Ride for the Red** is happening **April 21** at On Deck Riverside Bar and Grill at Second and Water Streets in Henderson, KY. There are 12, 23 and 63 mile routes offered for this ride. It is being sponsored by the Henderson, KY chapter of the American Red Cross. For more information see their website at <http://american.redcross.org/site/Calendar?view=Detail&id=103365>

**Monday evening rides at the 4-H Center** This ride will be at 5:30 April 1 so we can finish before dark. Starting April 8 we will switch to 6:00. Usually we eat out after the ride. Come join us!

**Tuesday evening ride at Olmstead** is growing. We are offering the 17 and 22 mile routes in April, but we will still start at 5:30. Safety is a concern!

**Wednesday evening rides** Join us at Elite for the Truck Pro route at 5:30 on Wed. evenings in April.

**Thursday evening and Friday morning Circuit rides** Please watch the calendar as the location of these rides changes weekly. Come ride the circuit for an hour and get 20 miles credit.

**The April Club Century** is the Santa Claus Century or a Touring Century on Thursday April 25 and Saturday April 27. Meet up at Crossroads Church at 8 AM for a fun day on the bike.

**GET OUT AND RIDE!! WE HAVE PLENTY OF OPPORTUNITIES TO RIDE WITH FRIENDS ON THE CALENDAR. COME JOIN IN THE FUN!!!!**

## **LOOKING AHEAD TO MAY AND JUNE**

### **MARK YOUR CALENDARS NOW!!!**

The **week of May 13 to May 19** is **RIDE YOUR BIKE TO WORK WEEK**.

**May 15th - Ride of Silence.** This is an awesome short ride starting at the State Hospital grounds and touring approximately 10 miles through downtown Evansville. This ride is done in total silence and participants are encouraged to think about, and dedicate the ride to those cyclists who have been injured or killed in cycling accidents in the past year. This is a family friendly, slow paced ride in which everyone stays in a group throughout the ride. It starts at 6 PM and takes around an hour.

**May 18<sup>th</sup>** – The 7<sup>th</sup> Annual Free **Wurst Ride** in Evansville. This is a free ride offered at Burdette Park. Enjoy the ride and a bratwurst and other food and drinks after the ride.

**May 19th - Streets Alive Festival** on Fulton Avenue on Evansville's West Side. Fulton Avenue is closed for 1.3 miles from 1:00 pm to 4:00 pm. There will be dancing classes and demonstrations, cycling skills course, food vendors and an overall festival atmosphere. Last year we gave away 200 water bottles, 150 fruit smoothies (which were made with our human powered fruit smoothie maker), and 200 helmets which were all fitted by our members. This is a fun afternoon. Volunteers needed, contact Paul Jensen at 812-760-6158.

**June 8th - River City Bicycle Classic** bike race at Garvin Park. This will be the second annual race here in Evansville, after many years of not having a local bike race. Racers in categories ranging from very young children up to Cat 3 adults will participate for prizes, \$\$\$ and bragging rights. There will be a bike rodeo, food vendors, a beer tent, and celebrity bike race and bike shop reps on hand. This will be your only opportunity to see full-scale road bike racing in Evansville. Volunteers needed for bike rodeo and kids races. Contact Paul Jensen at 812-760-6158

More to come in the next calendar and newsletter. Keep watching!!!