January 2006 E.B.C. Ride Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 New Year's Day 1:00 PM New Year's Day Ride @ Old Dam Site, Newburgh 22 or 40 mi. Chili and banana bread. Host Faye Carter.	Club Jersey Sundays. Wear your Evansville Bicycle Club Jersey on the Sunday club rides.	3 9:00 AM @ I-164 Access Burkhardt & Olmstead rds. 17 or 23 miles. 6:30 PM Spinnerval @ Elite Fitness in Newburgh.	4 6:00 PM @ AAA 7820 Eagle Crest Blvd. 20 miles. Head and tail lights required!	5 9:00 AM @ Old Dam Site, Newburgh, 22 mi. Does Not Count as Club Mileage.	6	7 9:30 AM & 1:00 PM @ Elite Fitness (57 & Kansas) 16, 23, 35, or 43 miles.
8 11:00 AM @ Mesker Park. Mesker Park Dr. & Wimberg Rd. 23 or 38 mi. 2:00 PM @ I-164 Access Burkhardt & Olmstead Rds. 17, 23, or 33 mi.	9 Note: Spinnerval is free to bike club members. Bring your own trainer. No cleats on floor.	10 9:00 AM @ I-164 Access Burkhardt & Olmstead rds. 17 or 23 miles. 6:30 PM Spinnerval @ Elite Fitness in Newburgh.	11 6:00 PM @ AAA 7820 Eagle Crest Blvd. 20 miles. Head and tail lights required!	12 9:00 AM @ Old Dam Site, Newburgh, 22 mi. Does Not Count as Club Mileage.	13	14 9:30 AM & 1:00 PM @ Elite Fitness (57 & Kansas) 16, 23, 35, or 43 miles. 5:30 PM EBC Annual Club Banquet—Executive Inn—Reservations Required.
15 11:00 AM @ Henderson Co. High School in Henderson, KY 24 or 36 mi. 2:00 PM @ I-164 Access Burkhardt & Olmstead Rds. 17, 23, or 33 mi.	16	17 9:00 AM @ I-164 Access Burkhardt & Olmstead rds. 17 or 23 miles. 6:30 PM Spinnerval @ Elite Fitness in Newburgh.	18 6:00 PM @ AAA 7820 Eagle Crest Blvd. 20 miles. Head and tail lights required!	19 9:00 AM @ Old Dam Site, Newburgh, 22 mi. Does Not Count as Club Mileage.	20	21 9:30 AM & 1:00 PM @ Elite Fitness (57 & Kansas) 16, 23, 35, or 43 miles.
22 11:00 AM @ Scott School on Old State Rd. 15, 26, or 33 mi. 2:00 PM @ I-164 Access Burkhardt & Olmstead Rds. 17, 23, or 33 mi.	23	24 9:00 AM @ I-164 Access Burkhardt & Olmstead rds. 17 or 23 miles. 6:30 PM Spinnerval @ Elite Fitness in Newburgh.	25 6:00 PM @ <u>AAA</u> 7820 Eagle Crest Blvd. 20 miles. Head and tail lights required!	26 9:00 AM @ Old Dam Site, Newburgh, 22 mi. Does Not Count as Club Mileage.	27	28 9:30 AM & 1:00 PM @ Elite Fitness (57 & Kansas) 16, 23, 35, or 43 miles.
29 11:00 AM @ <u>USI</u> 20 or 40 mi. 2:00 PM @ <u>I-164 Access</u> Burkhardt & Olmstead Rds. 17, 23, or 33 mi.	30 Ride hosts needed for February and March Call or e-mail Jay Vercellotti @ 867-7549 rides@endlessvistas.com	31 9:00 AM @ I-164 Access Burkhardt & Olmstead rds. 17 or 23 miles. 6:30 PM Spinnerval @ Elite Fitness in Newburgh.	Stats?: Rusty Yeager ryeager@sigecom.net Newsletter?: Faye Carter chiapet@charter.net \$\$ denotes REGISTRA- TION FEE	New riders need to be r minutes early. Helmets are mandatory As always, please park of the Access Road & F MENT!	on the I-164 side	Join Elite Fitness Evansville Bicycle Club members ONLY with 300 club miles can join Elite Fitness for the 4 months of Nov., Dec., Jan., & Feb. for \$80. 858-8300 or 868-8650