



EBCBIKEWRITER

NEWSLETTER OF THE EVANSVILLE BICYCLE CLUB • EVANSVILLE, INDIANA • JULY, 2022



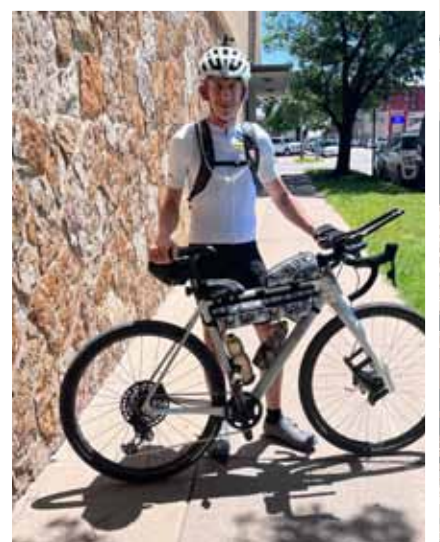
26TH PLACE

gravel race

UNBOUND XL

350 miles • 25:21:17

Roger Orth



EVANSVILLE BICYCLE CLUB, INC. MISSION STATEMENT:

The Evansville Bicycle Club Inc., is an organization formed to promote bicycling in the Tri-State area.

We advocate bicycle safety and education in our local communities by participating in and supporting health, fitness and cycling activities.

The club provides the opportunity for cyclist of all ages and abilities to partake in cycling activities on a regular basis by offering a variety of rides weekly.

www.evansvillebicycleclub.org



EBCBIKEWRITER

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EBC MEMBERSHIP REPORT FOR JULY, 2022

NEW MEMBERS

Elizabeth Head
(Family Membership)
David Head, Matt Head
Shawn McCoy
Chito Sebastian
Ronald Keeping

Memberships expired, JUNE, 2022

Mandel, Jon
Braden, Jim

Memberships expiring, JULY, 2022

Johnson, Bill
Otoloski, Kevin
Niethammer, Jesse
Vaughn, Donald Davis

RENEWING MEMBERS

John Bosko
Gary Ashley

Memberships set to expire, AUG, 2022

Wong, Howard
Maurer, Kenneth
Orth, Roger
Fischer, Brian

TOTAL EBC MEMBERS - 159

Paid Members 139

Past Due Members 20

Cheddar Up Link is up. Members will be able to renew/join and pay dues online. Please click the link below to pay dues online or scan QR code.

<https://evansville-bicycle-club-membership-application-renewal.cheddarup.com>



THE PRESIDENT'S SADDLE

Kevin Otolski • Kotolski@gmail.com

Welcome to July,

Have you ever heard of Unbound Gravel? It's an event comprising gravel racing covering various distances held annually in the Flint Hills region of the Great Plains around Emporia, Kansas. There are several different races but the big ones are the 100 mi, 200 mi and the big one called XL which is 350 miles. EBC had some members in the mix last month (June 3-4).

A shout-out needs to go to Brian Lewis who completed the 200 mile race in 14 hours 19 minutes. Another shout-out needs to go to Roger Orth who finished the 350 mile race in 25 hours and 21 minutes. If my information is correct, Roger only stopped for a total of 39 minutes during the entire race. Roger shared his incredible adventure and I thought I would share it with you.

Unbound XL Update by Roger Orth:

The south course showcased the beauty of the Flint Hills with the rolling green terrain for as far as the eye could see! The weather at the start of the race and forecast was perfect, not hot and the wind was very manageable.

Temps were in the 70's, dipping to

60 overnight with temps on Saturday back in the 70's and the chance of rain was low and diminishing. Due to the great weather (Friday and into Saturday morning) the speed was high and I was estimating that I might finish in under 24 hours which would have been about 4 hours faster than last year on a different course with much different weather.

The course featured many miles in the cattle pins (open range cattle herds) for us to navigate both at day and night. Had a few close calls with black cows standing on the double track "road" during the night just because they were hard to see. The first half of the night included some sketchy sections that required a lot of caution as 3-4 riders ended up at the ER due to injuries.

Even the gravel roads needed caution as they had hard edges/groves that were left from car traffic from all the rain Kansas had received in the prior days. The groves would take your front wheel out from you real quick and some of the rocky descents would be fun on a MTN bike.

Personally, I like to ride these roads alone to see my line and not follow wheels. IMO it reduces the risk of



crashing and flats. This makes 2 XL's (700+ miles) with zero flats on my Panaracer Gravelking SK+ tires. I have now made it through the night safely, making great time and heading to my 4th stop to refuel at Yates Center, KS at mile 234. Checking the math in my head and I still believe I can be finished in 24 hours, I end up missing a turn in town so I overreacted, slamming on the breaks to turn around and crash to the pavement on my left side. Instant pain in the shoulder! I checked the collarbone and I think it is still in one piece. I remount the bike while trying to access the damage to the

EBC 2022 CONTACTS

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UNBOUND XL UPDATE

Unbound XL Update by Roger Orth (continued):

body and get to Casey's. Refuel with Infinit Custom Blend, take ibuprofen and hit the road again to figure out how to manage the next 120 to Emporia to finish this XL. The shoulder can support some weight but I know I have to be careful and not go down again. Looking north, the weather appears ominous. Dark clouds full of rain but that is the finish-line. I'm back in the cattle pins, I think around mile 295 and the downpour starts with some lightning. No place for cover so I put on the rain jacket and kept pedaling 100% soaked.

The rain is very cold and the temp is about 60, I'm injured and riding very

slow now. Now it's about survival or so it seems in my mind and getting to another Casey's in Madison at mile 316. Eventually, I make it there still raining and I just start chugging hot chocolate to warm up and stop shaking. I get back on the bike without even refueling my hydration because the rain has stopped. There are now 4 more XL riders at Casey's and it's only 35 miles home mainly with favorable winds. Time to hammer in the aerobars.

I finished the race! That last 120 miles was the hardest mental and physical challenge on the bike in my life due to the pain from the crash and weather.

So the damage, I did break my left collarbone again. It was already

ugly from a break in 1998 so I had it cleaned up some on Friday with surgery including some bone graft and plate/screws.

My Pactimo bibs and jersey served another crash without ripping even though my shoulder and hip are scratched up. I don't understand how that happens!

My Lauf True Grit that took the beating instead of my body. Just amazing!

Lastly, my supportive, wonderful wife who encourages me in these adventures. She even volunteered over 10 hours at the event this year so I can bypass the lottery next year.

Thanks for sharing your story Roger. I am happy to report Roger is back on the roads and did a century yesterday (6/25) with the century group.

Until next month, be careful out there, and watch the intersections as the corn is getting taller.

K.O.



EVANSVILLE TRAILS COALITION THANKS



SAFE KIDS BIKE RODEO THANK YOU

Dear Evansville Bike Club,

Thank you so much for your continued ongoing support of the ICANBIKE bike camp sponsored by easterseals each year. This was the 18th camp and you guys have been with us from almost the beginning. We appreciate that dedication so much. With your help we enable more people to learn to ride bikes & get the exercise, enjoyment & interaction that bike riding brings.

We had 30 participants this year, which was the most in many years. There are now a lot of new bike riders and you guys helped. Thanks so much!

Patricia Balbach

July 2022 E.B.C. Ride Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Hosted Ride on Monday July 4!! 9:00 AM Darmstadt Post Office. Special USA route. 23 mi. Wear your red, white and blue!	Wear your EBC jersey on Sunday rides. Come in RED, WHITE, and BLUE on July 4.	FULL MOON RIDE Tuesday July 12. 8:00 PM at Burkhardt and Olmstead Rds. MOON PIES!!	ATTENTION!! Location Change Monday July 25 & Wednesday July 27 Fast Ride due to County Fair at 4-H Fairgrounds		1 1:00 PM @ <u>I-69 Access</u> , Burkhardt & Olmstead Rds. 17,22,33 mi	2 7:00 AM Ride to New Albany @ Crossroads must have own SAG 122 hilly mi. 9:00 @ <u>Hornville Tavern Baseline</u> Rd. 21, 29 mi. 1:00 PM @ <u>Elite Fitness 57</u> and <u>Kansas Rd.</u> 17, 23, 35, 43 mi.
3 10:00 AM @ <u>Mesker Park Dr.</u> and <u>Wimberg Ave.</u> 23 or 38 mi. 2:00 PM Come Ride With Us @ <u>I-69 Access</u> , Burkhardt & Olmstead Rds. 17, 22, 33 mi	4 Happy Independence Day! 9:00 AM @ <u>Darmstadt Post Office</u> Darmstadt Rd. 23 miles Hosted Ride	5 9:00 AM and 6:00 PM @ <u>I-69 Access</u> Burkhardt & Olmstead Rds. 17, 22 mi	6 12:30 @ <u>Elite Fitness 57</u> and <u>Kansas Rd.</u> 17,23,35 mi. 5:30 4-H Fairgrounds Ride 15,24,28 mi	7 9:00 AM @ <u>Old Dam Site</u> , Newburgh, 17, 27 mi. 6:00 PM @ <u>Reitz High School</u> on Claremont off Ray Becker Pkwy 21 mi	8 1:00 PM @ <u>I-69 Access</u> , Burkhardt & Olmstead Rds. 17,22,33 mi	9 9:00 AM @ <u>Silver Bell</u> in <u>St. Wendell</u> 28 Mi. 1:00 PM @ <u>Dogtown Boat Ramp</u> Old Henderson Rd. 12, 23, 45mi.
10 10:00 AM @ <u>Scott School</u> on Old State Rd. 15, 26, 33 mi. 2:00 PM Come Ride With Us @ <u>I-69 Access</u> , Burkhardt & Olmstead Rds. 17, 24, or 33 mi	11 1:00 PM @ <u>4H Fairgrounds</u> 15,24,28 mi 6:00 PM Come Ride With Us @ <u>4-H Fairground</u> 15 mi	12 9:00 AM and 6:00 PM @ <u>I-69 Access</u> Burkhardt & Olmstead Rds. 17,22 mi 8:00 PM Full Moon Ride at <u>I-69 Access</u> 17 mi. Lights required	13 12:30 @ <u>Elite Fitness 57</u> and <u>Kansas Rd.</u> 17,23,35 mi. 5:30 4-H Fairgrounds Ride 15,24,28 mi	14 9:00 AM @ <u>Mesker Park Dr.</u> 23 mi. 6:00 Social Time. 6:30 PM Club Meeting @ <u>Roca Bar</u> 1618 S. Kentucky Ave	15 1:00 PM @ <u>I-69 Access</u> , Burkhardt & Olmstead Rds. 17,22,33 mi	16 7:00 AM <u>RAIN</u> @ Terre Haute, IN 160 mi. \$\$ 9:00 AM Korner Inn in Elberfeld 21, 30 mi. 1:00 PM @ <u>Elite Fitness 57</u> and <u>Kansas Rd.</u> 17, 23, 35, 43 mi.
17 10:00 AM @ <u>Elite Fitness 57</u> & <u>Kansas Rd.</u> 17, 23, 35, 43 mi 2:00 PM Come Ride With Us @ <u>I-69 Access</u> Burkhardt & Olmstead Rds. 17, 24, 33 mi	18 1:00 PM @ <u>4H Fairgrounds</u> 15,24,28 mi 6:00 PM Come Ride With Us @ <u>4-H Fairground</u> 15 mi	19 9:00 AM and 6:00 PM @ <u>I-69 Access</u> Burkhardt & Olmstead Rds. 17,22 mi	20 12:30 @ <u>Elite Fitness 57</u> and <u>Kansas Rd.</u> 17,23,35 mi. 5:30 4-H Fairgrounds Ride 15,24,28 mi	21 7:00 AM Club Century @ Crossroads Church Poseyville or Touring 9:00 AM @ <u>Old Dam Site</u> , Newburgh, 17, 27 mi. 6:00 PM @ <u>Reitz High School</u> on Claremont off Ray Becker Pkwy 21 mi	22 1:00 PM @ <u>I-69 Access</u> , Burkhardt & Olmstead Rds. 17,22,33 mi	23 7:00 AM Club Century @ Crossroads Church 100 mi. Tennyson or Touring Route 9:00 AM Hawg "N Sauce in Mt. Vernon 30 mi. 1:00 PM @ <u>Dogtown Boat Ramp</u> Old Henderson Rd. 12, 23, 45 mi.
24 10:00 AM @ <u>Old Dam Site</u> Newburgh, 15,27,40 mi. 2:00 PM Come Ride With Us @ <u>I-69 Access</u> Burkhardt & Olmstead Rds. 17, 24, or 33 mi	25 1:00 PM @ <u>Scott School</u> 15, 26 mi 6:00 PM Come Ride With Us @ <u>Scott School</u> 15mi	26 9:00 AM and 6:00 PM @ <u>I-69 Access</u> Burkhardt & Olmstead Rds. 17,22 mi	27 12:30 @ <u>Elite Fitness 57</u> and <u>Kansas Rd.</u> 17,23,35 mi. 5:30 Darmstadt Inn Parking Lot Ride 15,24,28 mi.	28 9:00 AM @ <u>Mesker Park Dr.</u> 23 mi. 6:00 PM @ <u>Reitz High School</u> on Claremont off Ray Becker Pkwy 21 mi	29 1:00 PM @ <u>I-69 Access</u> , Burkhardt & Olmstead Rds. 17,22,33 mi	30 9:00 @ <u>Hornville Tavern Baseline</u> Rd. 21, 29 mi. 1:00 PM @ <u>Elite Fitness 57</u> and <u>Kansas Rd.</u> 17, 23, 35, 43 mi.
31 10:00 AM @ <u>Reitz High School</u> on Claremont off the Ray Becker Pkwy. 21, 40 mi. 2:00 PM Come Ride With Us @ <u>I-69 Access</u> Burkhardt & Olmstead Rds. 17, 24 or 33 mi	HELMETS ARE ALWAYS MANDATORY!			EBC Membership form can be found at : http://EvansvilleBicycleClubMembershipApplication & Renewal - Cheddar Up		

Evansville Bicycle Club — 2022 Club Mileage

Overall Standings

Club Member	Exp.	Ride Host	100 Miles	No. of Rides	Club Miles
1 Bies, Diane	11/1/23		2	32	1225
2 Wingert, Chuck	10/1/22		2	43	1074
3 Otolski, Kevin	7/1/22		11	25	892
4 Kercher, Greg	4/1/23			35	861
5 Sullivan, Patrick	3/1/23		9	19	730
6 Niethammer, Jim	2/1/23		6	30	584
7 Vernier, Richard	3/1/23			20	490
7 Vernier, Sue	3/1/23			20	490
9 Farr, Lance	12/1/22		2	14	408
10 Seger, Khris	12/1/22		5	12	406
11 Johnson, Bill	7/1/22			13	394
12 Brouillard, Gene	2/1/23			15	367
13 Bosko, John	6/1/22			14	360
14 Heiss, Dave	12/1/22			10	284
15 Kempf, Josh	4/1/23			17	148
16 Carter, Archie	8/1/26			4	117
17 Maurer, Kenneth	8/1/22			3	51
18 Gatewood, Ronald	1/1/23			1	17
Yeager, Rusty	6/1/22		7		
Gardner, Gary	6/1/23		4		

Men's Standings

Club Member	Exp.	Ride Host	100 Miles	No. of Rides	Club Miles
1 Wingert, Chuck	10/1/22		2	43	1074
2 Otolski, Kevin	7/1/22		11	25	892
3 Kercher, Greg	4/1/23			35	861
4 Sullivan, Patrick	3/1/23		9	19	730
5 Niethammer, Jim	2/1/23		6	30	584
6 Vernier, Richard	3/1/23			20	490
7 Farr, Lance	12/1/22		2	14	408
8 Seger, Khris	12/1/22		5	12	406
9 Johnson, Bill	7/1/22			13	394
10 Brouillard, Gene	2/1/23			15	367
11 Bosko, John	6/1/22			14	360
12 Heiss, Dave	12/1/22			10	284
13 Kempf, Josh	4/1/23			17	148
14 Carter, Archie	8/1/26			4	117
15 Maurer, Kenneth	8/1/22			3	51
16 Gatewood, Ronald	1/1/23			1	17
Yeager, Rusty	6/1/22		7		
Gardner, Gary	6/1/23		4		

Women's Standings

Club Member	Exp.	Ride Host	100 Miles	No. of Rides	Club Miles
1 Bies, Diane	11/1/23		2	32	1225
2 Vernier, Sue	3/1/23			20	490

Commuting Mileage

Club Member	Miles	Thru Month
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Ride Mileage Information

Club Rides	Max. Mileage
Scott School	33
West Terrace School	33
Boonville High School	21
Castle High School	35
Henderson High School	47
Reitz High School	40
Garvin Park	20
Wesselman Park	20
Mesker Park	38
Dogtown	45
Elite	43
Elite TP	37
4-H	28
Newburgh Dam	40
Olmstead	33
New Albany	122
Hosted Rides	Max. Mileage
Specialty Rides	Date
Thunder Road	4/24
Ride of Silence	5/18
Horsey Hundred	5/28 – 5/29
State Games	6/12



Photo from Memorial Day Weekend's Horsey 100 in Georgetown, KY, courtesy, Richard Vernier

The Evansville Bicycle Club, Inc. Membership Application



Fellow Cyclist,

We would like to invite you to become acquainted with the Evansville Bicycle Club by joining us on one of our weekly rides, attending one of our monthly meetings, or participating in any of our other cycling activities.

We encourage you to join us as an official Evansville Bicycle Club member. Membership in the Evansville Bicycle Club entitles you to:

- Participation in all EBC sponsored event.
- Monthly issues of the EBC newsletter "The BikeWriter"
- 10% discount on qualify purchases at local participating bike shops
- Fellowship with other cycling enthusiasts!

"The BikeWriter" is e-mailed each month to members and is also available on line at the Evansville Bicycle Club web site (www.evansvillebicycleclub.org). In it you will find the EBC ride schedule, year-to-date club mileage statistics, a schedule of various rides throughout the Midwest, and many articles of interest!

Membership Level

New ☐

Renewal ☐

☐ \$12.00 Individual (one adult) add \$1.00 for each additional family member under the age of 18

☐ \$20.00 Family (two adults) add \$1.00 for each additional family member under the age of 18

Name	Age*	Signature*	Date
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Address _____

City _____ State _____ Zip _____

Phone _____ e-mail _____

Special Hobbies/Interests _____

*Members under the age of 18 must indicate age and have signature of Parent or Legal Guardian

Release of Liability

Evansville Bicycle Club, Inc. is organized for the sole purpose of providing its members with notification of central meeting points and times. Members freely elect to ride together as a group, following a route of choice. In signing this form for myself and/or my family member, I understand and agree to absolve the Evansville Bicycle Club, Inc. and its organizers or sponsors for all blame for any injury, misadventure, harm, loss, or inconvenience suffered as a result of participation in any ride or activity associated with, or sponsored by Evansville Bicycle Club, Inc. I further understand that I, as an individual, am responsible to abide by all traffic laws and regulations governing bicycling and take full responsibility for my actions.

Make checks payable to: Evansville Bicycle Club, Inc.

Mail to: Erica Leavell

3415 Mariner Drive

Evansville, IN 47711