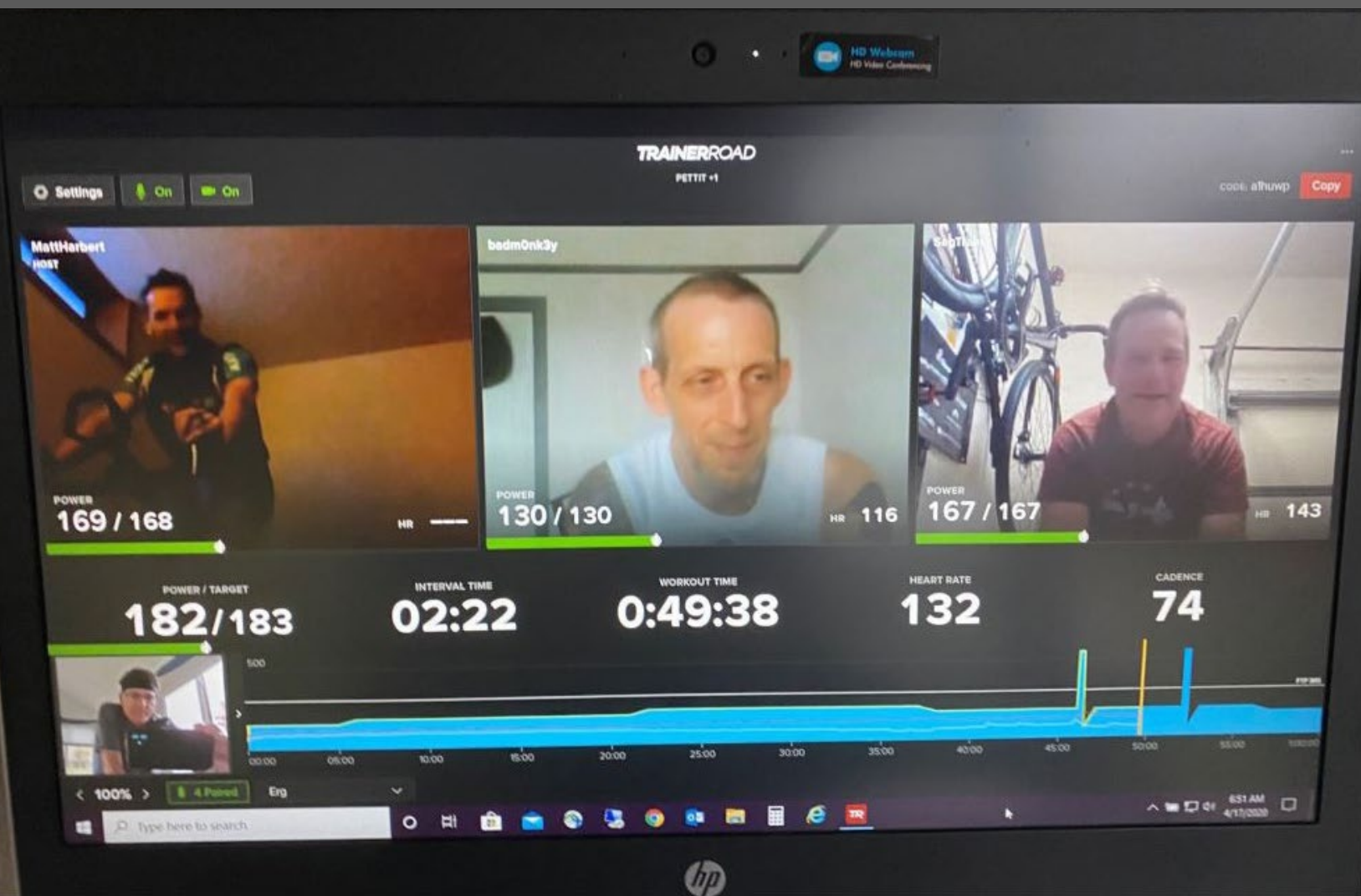


EBc bikewriter

NEWSLETTER OF THE EVANSVILLE BICYCLE CLUB • EVANSVILLE, INDIANA

MAY, 2020

Riding & Social Distancing TRAINERROAD Group Ride



Evansville Bicycle Club, Inc. Mission Statement:

The Evansville Bicycle Club Inc., is an organization formed to promote bicycling in the Tri-State area.

We advocate bicycle safety and education in our local communities by participating in and supporting health, fitness and cycling activities.

The club provides the opportunity for cyclist of all ages and abilities to partake in cycling activities on a regular basis by offering a variety of rides weekly.

www.evansvillebicycleclub.org

CLUB JERSEYS

If you are wanting to get one of these new club jerseys they are now back at Diane Bies' house. Please contact her at biesdi@aol.com or phone at 473-3546 and I can get one picked up for you and meet with

you to deliver it.

Short Sleeved Jersey: \$60, Sleeveless Jersey \$60 (limited quantities), Long Sleeved \$65, and Bike Shorts \$50. We have both women's and men's in stock.



EBC bikewriter

MAY, 2020

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RENEWING MEMBERS

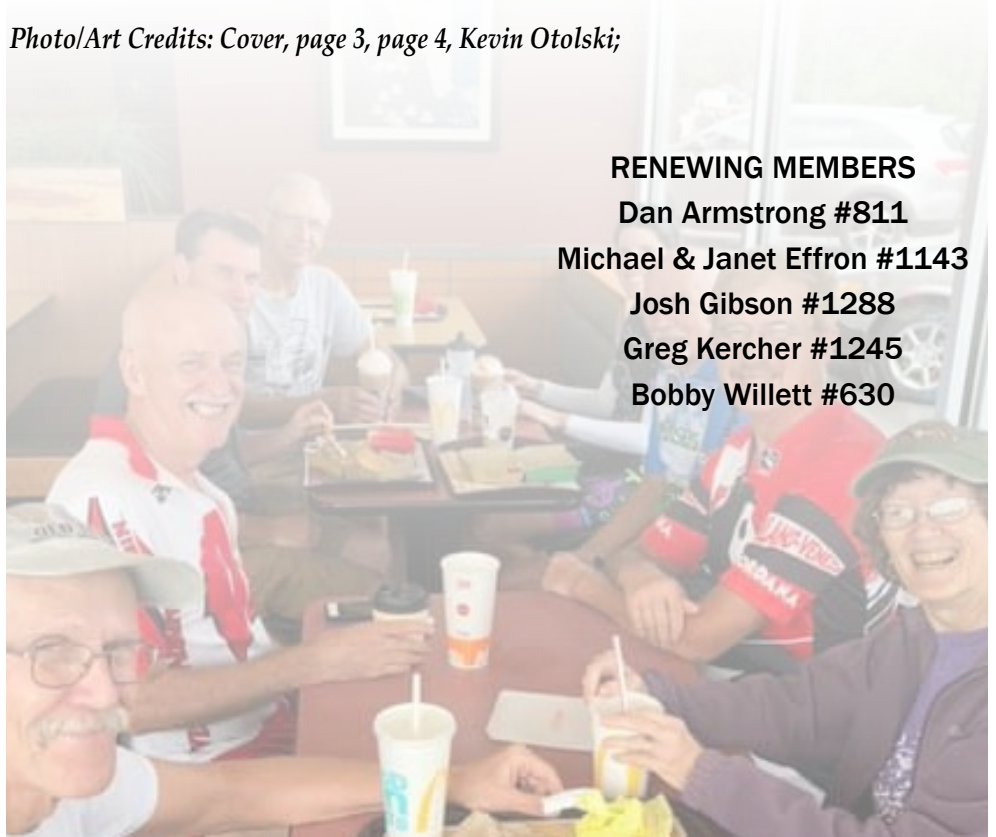
Dan Armstrong #811

Michael & Janet Effron #1143

Josh Gibson #1288

Greg Kercher #1245

Bobby Willett #630





EBC 2020 Contacts

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The President's Saddle

Kevin Otolski • Kotolski@gmail.com

Hello everyone:

Not much has happened since my last letter. We continue to be impacted by Covid-19 and I hope you are all doing well. If anyone is giving haircuts on the down-low, or knows the number for those addicted to Tik Tok please let me know.

If Paul worked his magic, there should be some pictures in this newsletter that ties in with my next topic.

If anyone is using indoor smart trainers, a few EBC and a few non EBC members have been doing a Wednesday night ride on the Zwift virtual ride platform. Zwift software pairs your trainer and lets you ride on virtual roads, do structured workouts and take part in Social Group rides or races. Our Wednesday night rides start at 5:30pm and we have been doing a 60 minute group ride. The best part is everyone can ride to their own strength and the software is set to keep us pretty close together. Plus there is a chat feature so we can chat and catch up on the latest gossip. I can see this becoming a normal thing this winter and maybe a few more rides during the week.

In addition to Zwift, another indoor ride software, Trainerroad, has launched group workouts. This is different from Zwift

because Trainerroad group rides are more of a video call. It's like a facetime, Zoom or Webex meeting.

Trainerroad group workouts use a camera and your computer's microphone so you can see and talk to the other riders all while doing the same workout at your own pace. Khris Seager has organized a weekly Friday 6 am

ride that I have done twice now. There is a code to join the ride that Khris sends to those interested in doing the ride. In addition, the code can be posted on a Google calendar where it can be shared for anyone to join. Last week,

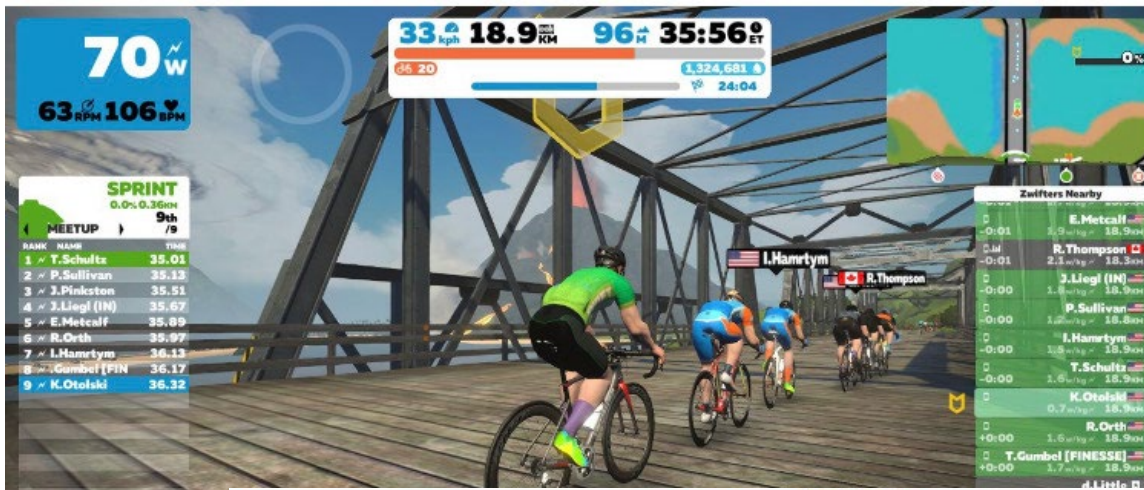
Khris and I were joined by a rider from the UK and one from Iowa. It was interesting talking with the UK rider about what he is experiencing across the pond with the Covid lockdown.

I also see this becoming bigger this winter. If anyone is interested and needs more information, get in touch with Khris or me.

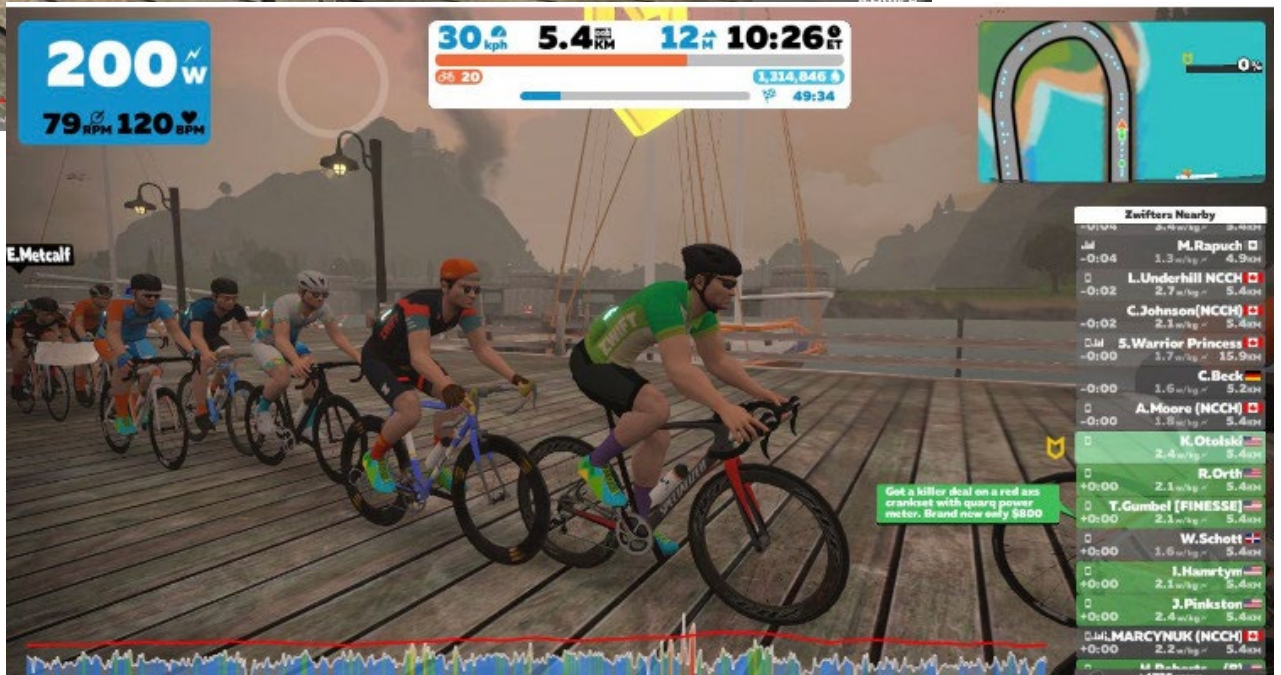
Stay safe, wash your hands and get a haircut, especially if you're going to be using Trainerroad at 6 am with bed head.

KO





More Zwift Screenshots



MAY RIDE NOTES POSTPONED UNTIL FURTHER NOTICE.



March 2020 E.B.C. Ride Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 10:00 AM @ <u>I-69 Access, Burkhardt & Olmstead Rds.</u> 17, 24, 33</p> <p>2:00 PM Come Ride With Us @ <u>I-69 Access Burkhardt & Olmstead Rds.</u> 17, 22, 33 mi.</p>	<p>2 1:00 PM @ <u>4H Fairgrounds</u> 15, 24, 28 mi</p>	<p>3 9:00 AM @ <u>I-69 Access Burkhardt & Olmstead Rds.</u> 17, 22 mi</p>	<p>4 12:30 @ <u>Elite Fitness 57 and Kansas Rd.</u> 17, 23, 35 mi. 6:00 PM <u>Circuit Ride @ Garvin Park</u> on N. Heidelberg Av. Up to 20 mi. Lights required</p>	<p>5 9:00 AM @ <u>Mesker Park Dr.</u> and <u>Wimberg Ave.</u> 23 mi</p>	<p>6 1:00 PM @ <u>I-69 Access, Burkhardt & Olmstead Rds.</u> 17, 24, or 33mi</p>	<p>7 9:00 AM & 1:00 PM @ <u>Elite Fitness 57 & Kansas Rd.</u> 17, 23, 35, 43 mi.</p>
<p>8 <i>Daylight Savings Time Spring Forward</i> 10:00 AM @ <u>Elite Fitness-TP Route</u> (57 & Kansas) 23, 37 mi. 2:00 PM Come Ride With Us @ <u>I-69 Access Burkhardt & Olmstead Rds.</u> 17, 22, 33 mi.</p>	<p>9 1:00 PM @ <u>4H Fairgrounds</u> 15, 28 mi. 5:30 PM Come Ride With Us @ <u>4-H Fairground</u> 15 mi.</p>	<p>10 9:00 AM @ <u>I-69 Access Burkhardt & Olmstead Rds.</u> 17, 22 mi. 5:30 PM Come Ride With Us @ <u>4-H Fairground</u> 15 mi.</p>	<p>12:30 @ <u>Elite Fitness 57 and Kansas Rd.</u> 17, 23, 35 mi. 4-H <u>Fairgrounds Fast Ride</u> 15 mi. PM <u>Circuit Ride @ Garvin Park</u> on N. Heidelberg Av. Up to 20 mi. Lights required</p>	<p>12 9:00 AM @ <u>Old Dam Site</u>, Newburgh 17, 27 mi. 6:00 Social Time. 6:30 PM <u>Club Meeting @ Roca Bar</u> 1618 S. Kentucky Ave</p>	<p>13 1:00 PM @ <u>I-69 Access, Burkhardt & Olmstead Rds.</u> 17, 24, or 33mi</p>	<p>14 9:00 AM & 1:00 PM @ <u>Elite Fitness 57 & Kansas Rd.</u> 17, 23, 35, 43 mi.</p>
<p>15 10:00 AM @ <u>West Terrace School</u> (Near USI) 19, 33 mi. 2:00 PM Come Ride With Us @ <u>I-69 Access Burkhardt & Olmstead Rds.</u> 17, 22, 33 mi.</p>	<p>16 1:00 PM @ <u>4H Fairgrounds</u> 15, 28 mi. 5:30 PM Come Ride With Us @ <u>4-H Fairground</u> 15 mi.</p>	<p>17 9:00 AM @ <u>I-69 Access Burkhardt & Olmstead Rds.</u> 17, 22 mi. 5:30 PM Come Ride With Us @ <u>4-H Fairground</u> 15 mi.</p>	<p>12:30 @ <u>Elite Fitness 57 and Kansas Rd.</u> 17, 23, 35 mi. 4-H <u>Fairgrounds Fast Ride</u> 15 mi. PM <u>Circuit Ride @ Garvin Park</u> on N. Heidelberg Av. Up to 20 mi. Lights required</p>	<p>19 8:00 AM <u>Club Century @ Crossroads Church</u> on Outer Lincoln, 100 mi. Tennyson or Touring Route 9:00 AM @ <u>Mesker Park Dr.</u> and <u>Wimberg Ave.</u> 23 mi. 5:30 PM @ <u>Old Dam Site</u>, Newburgh, 17 mi.</p>	<p>20 1:00 PM @ <u>I-69 Access, Burkhardt & Olmstead Rds.</u> 17, 24, or 33mi</p>	<p>21 8:00 AM <u>Club Century @ Crossroads Church</u> on Outer Lincoln, 100 mi. Tennyson or Touring Route 9:00 AM & 1:00 PM @ <u>Elite Fitness 57 & Kansas Rd.</u> 17, 23, 35, 43 mi.</p>
<p>22 10:00 AM @ <u>Castle HS</u> on Hwy 261 in Newburgh 23, 32 mi. 2:00 PM Come Ride With Us @ <u>I-69 Access Burkhardt & Olmstead Rds.</u> 17, 22, 33 mi.</p>	<p>23 1:00 PM @ <u>4H Fairgrounds</u> 15, 28 mi. 5:30 PM Come Ride With Us @ <u>4-H Fairground</u> 15 mi.</p>	<p>24 9:00 AM @ <u>I-69 Access Burkhardt & Olmstead Rds.</u> 17, 22 mi. 5:30 PM Come Ride With Us @ <u>4-H Fairground</u> 15 mi.</p>	<p>12:30 @ <u>Elite Fitness 57 and Kansas Rd.</u> 17, 23, 35 mi. PM <u>Circuit Ride @ 5:30 4-H Fairgrounds Fast Ride</u> 15 mi. Win Park on N. Heidelberg Av. Up to 20 mi. Lights required</p>	<p>26 9:00 AM @ <u>Old Dam Site</u>, Newburgh, 17, 27 mi. 5:30 PM @ <u>Old Dam Site</u>, Newburgh, 17 mi.</p>	<p>27 1:00 PM @ <u>I-69 Access, Burkhardt & Olmstead Rds.</u> 17, 24, or 33mi</p>	<p>28 9:00 AM & 1:00 PM @ <u>Elite Fitness 57 & Kansas Rd.</u> 17, 23, 35, 43 mi.</p>
<p>29 10:00 AM @ <u>Mesker Park Dr.</u> and <u>Wimberg Ave.</u> 23 or 38 mi. 2:00 PM Come Ride With Us @ <u>I-69 Access, Burkhardt & Olmstead Rds.</u> 17, 22, or 33 mi.</p>	<p>30 1:00 PM @ <u>4H Fairgrounds</u> 15, 28 mi. 5:30 PM Come Ride With Us @ <u>4-H Fairground</u> 15 mi.</p>	<p>31 9:00 AM @ <u>I-69 Access Burkhardt & Olmstead Rds.</u> 17, 22 mi. 5:30 PM @ <u>I-69 Access Burkhardt & Olmstead Rds.</u> 17 mi.</p>	<p>More addition of evening rides at 5:30 pm after the time changes on March 8! Come out and ride!! Ride the Century Mar 19 First day of spring!</p>	<p>Club Jersey Sundays Wear your EBC jersey on Sunday club rides.</p>	<p>HELMETS ARE ALWAYS MANDATORY</p>	<p>New Riders need to be ready to leave 30 min. early and are encouraged to start with a "Come Ride With Us" Ride. We often eat out after Monday and Wednesday night rides.</p>

POSTPONED UNTIL FURTHER NOTICE.

Evansville Bicycle Club – 2020 Club Mileage

Overall Standings

Club Member	Exp.	Ride Host	100 Miles	No. of Rides	Club Miles
1 Otolski, Kevin	7/1/20		3	4	114
2 Ashworth, David	1/1/21			2	44
3 Vernier, Richard	3/1/20			1	22
3 Vernier, Sue	3/1/20			1	22
4 Gardner, Gary	6/1/20		7	0	0
4 Yeager, Rusty	6/1/20		6	0	0

Men's Standings

Club Member	Exp.	Ride Host	100 Miles	No. of Rides	Club Miles
1 Otolski, Kevin	7/1/20		3	4	114
2 Ashworth, David	1/1/21			2	44
3 Vernier, Richard	3/1/20			1	22
4 Gardner, Gary	6/1/20		7	0	0
4 Yeager, Rusty	6/1/20		6	0	0

Women's Standings

Club Member	Exp.	Ride Host	100 Miles	No. of Rides	Club Miles
1 Vernier, Sue	3/1/20			1	22

Commuting Mileage

Club Member	Miles	Thru Month
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Ride Mileage Information

Club Rides	Max. Mileage
Scott School	33
West Terrace School	33
Boonville High School	21
Castle High School	35
Henderson High School	47
Reitz High School	40
Garvin Park	20
Wesselman Park	20
Mesker Park	38
Dogtown	45
Elite	43
Elite TP	37
4-H	28
Newburgh Dam	40
Olmstead	33
New Albany	122
Hosted Rides	Max. Mileage
Specialty Rides	Date
Sebring 24 Hour	2/9

Ride of Silence

Special Announcement - Apr. 5, 2020

To the Ride of Silence organizers throughout the world,

We have not stood by and watched as this virus changes the world about us. With the date for the ride coming up, May 20, the board has decided to change the format for this year's ride. Instead of group rides we are recommending each site organizer encourage their participants to do solo rides or with their household members.

We are working on plans to allow participants to easily report these rides and link them together through an easy-to-use platform (more on that in the next email "blast"). Obviously, these rides should be held in accordance to rules and guidelines set by local and state authorities.

We want to keep the ride going on the same date it always has, the third Wednesday in May at 7 pm local, for 17 years. Thank you for sticking this out with us.

We're going to be OK.

Chris Phelan
Founder

IMPORTANT NOTE: As more and more government authorities around the USA and world are prohibiting group ride events, please confirm with the ride organizer of any posted group ride that the ride details are accurate.

The Evansville Bicycle Club, Inc. Membership Application



Fellow Cyclist,

We would like to invite you to become acquainted with the Evansville Bicycle Club by joining us on one of our weekly rides, attending one of our monthly meetings, or participating in any of our other cycling activities.

We encourage you to join us as an official Evansville Bicycle Club member. Membership in the Evansville Bicycle Club entitles you to:

- Participation in all EBC sponsored event.
- Monthly issues of the EBC newsletter "The BikeWriter"
- 10% discount on qualify purchases at local participating bike shops
- Fellowship with other cycling enthusiasts!

"The BikeWriter" is e-mailed each month to members and is also available on line at the Evansville Bicycle Club web site (www.evansvillebicycleclub.org). In it you will find the EBC ride schedule, year-to-date club mileage statistics, a schedule of various rides throughout the Midwest, and many articles of interest!

Membership Level

New ☐

Renewal ☐

☐ \$12.00 Individual (one adult) add \$1.00 for each additional family member under the age of 18

☐ \$20.00 Family (two adults) add \$1.00 for each additional family member under the age of 18

Name	Age*	Signature*	Date
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Address _____

City _____ State _____ Zip _____

Phone _____ e-mail _____

Special Hobbies/Interests _____

*Members under the age of 18 must indicate age and have signature of Parent or Legal Guardian

Release of Liability

Evansville Bicycle Club, Inc. is organized for the sole purpose of providing its members with notification of central meeting points and times. Members freely elect to ride together as a group, following a route of choice. In signing this form for myself and/or my family member, I understand and agree to absolve the Evansville Bicycle Club, Inc. and its organizers or sponsors for all blame for any injury, misadventure, harm, loss, or inconvenience suffered as a result of participation in any ride or activity associated with, or sponsored by Evansville Bicycle Club, Inc. I further understand that I, as an individual, am responsible to abide by all traffic laws and regulations governing bicycling and take full responsibility for my actions.

Make checks payable to: Evansville Bicycle Club, Inc.

Mail to: Kara May

4201 Claremont Avenue

Evansville, IN 47712