NEWSLETTER OF THE EVANSVILLE BICYCLE CLUB • EVANSVILLE, INDIANA

IT'S PUMPKIN PIERIDE MONTH!

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Our monthly club meeting is on the second Thursday of every month except FEBRUARY at the Pizza Chef in Newburgh Indiana at 6:30 PM.

Evansville Bicycle Club, Inc. Mission Statement

The Evansville Bicycle Club Inc. is an organization formed to promote bicycling in the Tri-State area. We advocate bicycle safety and education in our local communities by participating in and supporting health, fitness and cycling activities. The club provides the opportunity for cyclist of all ages and abilities to partake in cycling activities on a regular basis by offering a variety of rides weekly.



EBC 2013 CONTACTS

Paul Jensen—President 812-760-6158

Bill Majors—Vice President

Diane Bies—Secretary & Tour Director 812-473-3546

Darlene Wefel—Treasurer & GPM Coordinator 812-568-9828

Gary Gardner—Board of Directors 812-853-0476

Bill Voegel—Board of Directors & Membership Dustchamp@aol.com 812-925-6620 (home)

Keith Weyer—Youth Cycling Program Director 812-629-8184 tkweyer@sbcglobal.net

Rusty Yeager— Board of Directors & Statistician 812-402-1787

Ann Pendley—Publicity 812-573-9189

Jay Vercellotti—Webmaster 812-746-9350

Paul Sluder—Newsletter Editor fixedgear66@clearwire.net 904-434-7227

www.evansvillebicycleclub.org

NEW MEMBERS

Samuel Hart # 1166

John and Robin Mallery #1167

Club Jerseys

Club Jerseys In Stock—If you are wanting to get one of these new club jerseys please contact me at dvwefel@wowway.com or call 812-568-9828 and I can bring them to a ride, you can pick them up at my home or at a club meeting.

Short Sleeved Jersey's \$60, Sleeveless Jersey \$60 (limited quantities), Long Sleeved \$65, and Bike Shorts \$50.

We have both women's and men's in stock.



RENEWALS

Pat Sullivan #155

Rusty, Lori Yeager #229

Jim Pherson #1134

"The bicycle has a soul. If you succeed to love it, it will give you emotions that you will never forget." - Mario Cipollini

PAUL JENSEN THE PRESIDENT'S CORNER

ne notation that appears on my calendar each year is the day we "fall back" which this year is November 2. So how many of us will err and show up at the wrong time for the Sunday, Nov. 3 rides? Happens every time we

change the clocks. Not only does it get dark earlier, it also gets colder and colder...and did I say colder. The older I get the more I dislike the winter season.

A HEARTY congratulations and gigantic THANK YOU to all those riders who came out and rode the GPM under the unfavorable conditions. What a brave lot. We have not experienced that kind of weather for a long time. Not only did we have the rain, but also the cold. The EBC is so grateful for our sponsors for this past GPM and look forward to next year.

In addition to the GPM caps that appeared in last months' Bikewriter, it was decided to develop on EBC cap or a limited basis

to develop an EBC cap on a limited basis. The

order was for sixty hats, ten were sold on day 1 which leaves fifty. To obtain one of these gems you must be an active,

paid up member and have \$11.00 that you are willing to part

with. If interested please contact me (812-760-6158) as the inventory is in my garage.

Sometime this month you will be hearing about the

development of a task force commissioned by Mayor Lloyd Winnecke that will be seeking the **Bronze Level Community** status as a bicycle friendly community as determined by the League of American Bicyclists. Eight communities in Indiana (Goshen, South Bend, Bloomington, Carmel, Columbus, Fort Wayne, Indianapolis, Warsaw and Town of Winona Lake) have obtained this level or above. This award is the first level of four (silver, gold and platinum) awarded by this organization.

If you are thinking of riding in the month of November make sure you check out the "Notes" page next to the calendar as there are several changes.

HAVE A GREAT THANKSGIVING!!

Cheers, Paul

Jane Weber

On Wednesday night October 15, I rode my bike at the circuit ride at Wesselman Park with Gary Breivogel and Jane Weber. It was a really cold night so a few times I had to ride really hard to warm up and Jane took a couple of breaks in the car. I thought she was just warming up too. Instead she was resting as she was just not feeling quite strong enough to ride the whole hour. Towards the end of the ride we talked about her tiredness and other health issues she had experienced. I suggested she call her doctor on Thursday and tell him her symptoms and see what he recommended. When I called Jane on Thursday evening to hear what the doctor recommended, she told me she was in the hospital. Then the doctor came in so she said she would call me later. She didn't call back. but I thought nothing

of it. On Friday, I thought of her all day and called when I got off work. That is when she told me she has Acute Lymphoblastic Leukemia and that they were going to start chemo on Monday. After being devastated beyond words for a while I started sharing the news. She is in the hospital as I write this article. She has started chemo, has had lots of blood and blood products given to her. She has been worked over real well, but she is still smiling and spunky. She is planning to stay with her parents when she does get out of the hospital. She can't have flowers or unprocessed fruit for

\$11.00 - Call 760-6158



Bill Voegel, Judy Breivogel, and Diane Bies visiting Jane Weber on Tuesday Oct. 29

now because of her immunities being low. She has a kindle and her cell phone and loves to have company as any of us would. Please keep Jane in your thoughts and prayers. She has been a real asset to the Bike Club by riding and bringing in new members. She has volunteered at many bike rodeos and other events. Recently I had thought how wonderful it is that all of us in the bike club

and our loved ones seem to be enjoying such good health, other than the guys with a-fib, we have been remarkably healthy group, as one might expect of a bunch of adults who exercise rather regularly. If you are interested in more timely updates and perhaps participating in helping Jane and her family with meals when they need, please contact me, Diane Bies at <u>Biesdi@aol.com</u>. Send me your cell phone number also and let me know if you use texting.

Thanks so much! Diane Bies



4 • NOVEMBER, 2013

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This is how EBC riders assist each other when they have a flat. Three men working on it while three women watch and another takes a photo. LOL! Diane



Whether you are a rookie, racer, retired or somewhere in between, Breck's has the bike, apparel, equipment and accessories that are right for you!

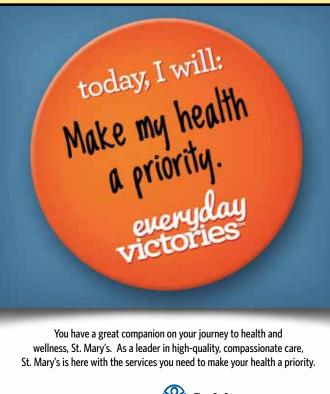
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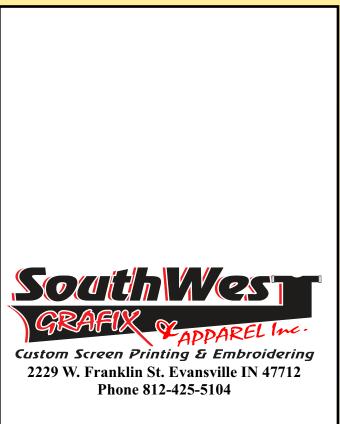




stmarys.org























EVANSVILLE OWENSBORO 812.402.2331 270.684.9600 THENEXTLEGEND COM F S

November 2013 E.B.C. Ride Schedule

Fri Sat	1 1:00 PM @ 1-164 2 2 9:00 AM & 1:00 PM @ Elite Access, Burkhardt Eitness 57 & Kansas Rd 17, 23, 35, 43 mi. & Olmstead Rds. 17, 25, or 33 mi 35, 43 mi.	8 1:00 PM @ 1-164 9 9:00 AM & 1:00 PM @ Hen- Access, Burkhardt derson Co. High School Hender- w. Olmstead Rds. 17, son, KY. 24, 32, 47 mi 22, or 33 mi son, KY. 24, 32, 47 mi	I5 1:00 PM @ 1-164 I6 8:00 AM Club Century @ Access, Burkhardt Crossroads Church 100 mi. Santa & Olmstead Rds. 17, Claus or Touring Route 22, or 33 mi 9:00 AM & 1:00 PM @ Elite Fit- ness 57 & Kansas Rd 17, 23, 35, 43 mi.	 22 1:00 PM @ 1-164 23 10:00 AM Pumpkin Pie Ride Access, Burkhardt @ 7508 Ridgeway Ave. Evansville @ 7508 Ridgeway Ave. Evansville & Olmstead Rds. 17, 15,27,33 mi. Ride hosts Mark & 22, or 33 mi 15,27,33 mi. Ride hosts Mark & 15,00 PM @ Elite Fitness 57 & Kansas Rd 17,23,35,43 mi. 	29 9:00 AM Day 30 9:00 AM & 1:00 PM @ Elite After Thanksgiving 30 9:00 AM & 1:00 PM @ Elite After Thanksgiving 55 8 Kansas Rd 17, 23, 35, 43 mi. Day Ride@ Dog- 35, 43 mi. 35, 43 mi. town Boat Ramp 01d Henderson Rd. 10, 23, 43 mi.
Thu		7 9:00 AM @ <u>Old Dam</u> <u>Site</u>, Newburgh, 15, 27 mi.	<i>14</i> 9:00 AM (@ <u>Mesker</u> Park Dr. off Wimberg Ave 23 mi. 8:00 AM <u>Club Century (@</u> <u>Crossroads Church 100 mi.</u> Santa Claus or Touring Rt. 6:30 PM <u>Club Meeting (@</u> Pizza Chef Newburgh, on Hwy 261	<i>21</i> 9:00 AM @ <u>Old Dam</u> <u>Site</u> , Newburgh, 15, 27 mi.	 28 Thanksgiving Day 9:00 AM @ Mesker Park Dr. off Wimberg Ave 23 mi
Wed	Join Elite Fitness Evansville Bicycle Club members can join Elite Fitness for the 4 months of Nov, Dec, Jan, & Feb for \$80.	6 6:00 PM <u>Circuit</u> <u>Ride @ Garvin Park</u> on N. Heidelbach Ave. Ride 1 hour. 20 mi. Head and tail lights required! <u>Dinner after</u> .	 13 6:00 PM <u>Circuit</u> Ride @ Wesselman Park on Boeke Rd. Ride 1 hr. 20 mi. Head and tail lights required!! Dinner after. 	20 6:00 PM <u>Circuit</u> <u>Ride @ Garvin Park</u> on N. Heidelbach Ave. Ride 1 hour. 20 mi. Head and tail lights required! <u>Dinner after.</u>	27 6:00 PM <u>Circuit</u> <u>Ride @ Wesselman</u> <u>Park</u> on Boeke Rd. Ride 1 hr. 20 mi. Head and tail lights required!! <u>Dinner after.</u>
Tue	NOTICE NEW RIDES ON MONDAY AND FRIDAY AFTERNOONS	5 9:00 AM @ <u>1</u> -164 Access Burkhardt & Olmstead Rds. 17, 22 mi	<i>12</i> 9:00 AM @ <u>1-164 Access</u> <u>Burkhardt &</u> <u>Olmstead Rds.</u> 17, 22 mi	<i>19</i> 9:00 AM @ <u>L-164 Access</u> <u>Burkhardt &</u> <u>Olmstead Rds.</u> 17, 22 mi	26 9:00 AM @ <u>I-164 Access</u> <u>Burkhardt &</u> <u>Olmstead Rds.</u> 17, 22 mi
Mon	New riders should arrive early so you aren't left be- hind	4 1:00 PM @ 4H Fair- grounds 15, 28 mi.	<i>II</i> 1:00 PM @ 4H Fair- grounds 15, 28 mi.	<i>1</i> 8 1:00 PM @ 4H Fair- grounds 15, 28 mi.	<i>25</i> 1:00 PM @ 4H Fair- grounds 15, 28 mi.
Sun	At Olmstead please park on the I- 164 side of the access road and PARK ON THE PAVEMENT HELMETS ARE ALWAYS MANDA- TORY!!	 3 Daylight Savings Ends 10:00 AM @ Scott School on Old State Rd. 15, 26, 33 mi. 2:00 PM Come Ride With Us @ 1-164 Access, Burkhardt & Olmstead Rds. 17, 22, or 33 mi 	 10 10:00 AM @ Elite Fitness @ 57 & Kansas Rd.17, 23, 35, 43 mi. 2:00 PM Come Ride With Us @ 1-164 Access, Burkhardt & Olmstead Rds. 17, 22, or 33 mi 	 17 10:00 AM @ <u>Ashlev's Me-</u> <u>nagerie</u> @ 6000 Magnolia Dr. Newburgh, 12, 29 mi. Hosts: Gary, Opal, & Ashley. Call 853-0476 for directions. 2:00 PM <u>Come Ride With Us @ I-</u> <u>164 Access</u>, Burkhardt & Olmstead Rds. 17, 22, or 33 mi 	 2 10:00 AM @ Old Dam Site <u>Newburgh</u>, 15, 27 or 30 mi. 2:00 PM <u>Come Ride With Us @</u> <u>1-164 Access</u>, Burkhardt & Olmstead Rds. 17, 22, or 33 mi

RIDE THE ROGUE RIDE ROGUE RIVER, Oregon

In late September I had a wonderful time riding my bike with my son, Alex, in Oregon. He had invited me to come ride the "Ride the Rogue Ride" with

him, his wife, and her parents this summer. His father in law did not get to ride due to knee issues but the two mothers and the cute couple had a ball! I expected there to be mountains to climb and major steep hills! I was delighted instead by the

gently rolling terrain in the Rogue River Valley. There were beautiful mountains all around us but we didn't have to climb or cross any of them. When we finished the ride we were treated to an amazing feast of many salads, vegetables, salmon, lasagna, and beef with noodles and an amazing array of desserts made

by the local red hat club. We had to delay our start because of rain in the morning and the rain came again as we finished eating, but we had a great ride

with minimal drizzle on us. The most exciting part was being able to ship my bike to Oregon so I could ride my own bike rather than



BIKEFLIGHTS. COM to ship my bike. I was delighted to insure it and ship

it both ways for just under \$100 and that was all the way from Evansville to Eugene, Oregon. I would be happy to share the details of the shipping with anyone who wants more info. Because I had my bike there, I was able to also go for a wonderful ride one afternoon while Alex and his wife were both working. I rode a route that the local bike club had on their website. I realized how nice it can be to have those routes marked and published. The route I took was not marked, but I took a cue sheet and map and only got a little lost a few times. Again, it was a beautiful ride through rolling land along



an unknown

rental. I had

never done that

before. I used

a bit of water so the climbs were not terribly steep at all. Because I had my bike, the three of us went on a few errands on our bikes through town one afternoon. It is so nice in Eugene as the cars really respect the bikes and give you the right of way when there is a yield sign to both. It was quite an amazing experience and a wonderful thing to hope for here in Evansville some day. I would encourage anyone traveling to ship their bike

through BIKEFLIGHTS.COM and just keep riding!

Diane Bies

EBG RIDE NOTES Please note for the month of November there are several changes!

We have added an afternoon ride on Monday and Friday at 1:00 for the winter months. Mondays are at the 4-H center and Fridays are at Olmstead. Please join us for some fun in the sun or at least usually the warmest part of the day.

Also, our Saturday rides are now usually held at Elite Fitness on Kansas Rd. Actually they start at the access road just north of Elite and off of Seib Rd.

On Sunday November 17 we have the Ashley's Menagerie ride from the home of Gary and Opal Gardner. This is a fun challenging 29 mile ride although there is also a 12 mile option for those who don't want to brave the cold so long or are up for a shorter ride. This is a great opportunity to visit in the cooler month of November over some delicious food after the ride!

As always in November we have the Pumpkin Pie ride coming up on Saturday November 23 at Mark and Debbie Oliver's home. This is always a fun and well attended ride. Mark your calendar now! This one has won the "Ride of the Year" award at the banquet several times. Lots of fun and good food for all! On Friday November 29 we will also have our annual Day after

Thanksgiving Day ride. It is held at Dogtown Boat Ramp on Old Henderson Rd. What a great way to get out and work off that feast you over ate on Thanksgiving Day!

Come out to join us on Wednesday nights after work for circles in the park. It is really a fun ride as there are fun people there to visit with, the air is crisp and refreshing, you can stop at your car as needed to add or remove layers if you don't dress quite right. And it only lasts an hour!! After that hour of fun riding some of the riders go to dinner together and visit and share stories at the restaurant of the night, chosen by those who are riding and eating. You must have lights but they can be purchased very reasonably at the bike shops or even the discount stores. Come check us out! You can't get lost and if you get dropped or want to ride faster, you are never far from the other riders.

Most of all KEEP RIDING!! If you add a few layers riding in the winter is really fun! If you want to know what you need to wear, ask any of us "crazies" out riding on the cooler days, we will be happy to share our thoughts and recruit others to ride through the winter too!

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With apologies to Rusty: I missed the last e-mail he sent with updates for the October Newsletter. My inbox was overcrowded! Sorry, Paul Evansville Bicycle Club – 2013 Club Mileage through 10/12/2013

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Overall Standings						Men's Standings						Youth Mileage	
Club Member	Exp.	Ride Host		No. of Rides		Club Member	Exp.	Ride Host		No. of Rides			Ride 100 No.of Club Host Miles Rides Mile
1 Bies, Diane	6/1/14	1	15	156	4962	1 Majors, Bill	12/1/13	1	4	153	4077	Brindle, Carson 7/1/13	39 63
2 Majors, Bill 3 Voegel, Bill	12/1/13 4/1/14		4 7	153 138	4077 3931	2 Voegel, Bill 3 Carter, Archie	4/1/14 8/1/17		7 1	138 90		Gerbig, Caleb 11/1/13 Gerbig, Madison 11/1/13	1 1 2 2
4 Holland, Diana	11/1/13			107	3093	4 Johnson, Bill	7/1/14		7	83	2899	Hoffman, Sergei 8/1/13	2 2
5 Carter, Archie 6 Johnson, Bill	8/1/17 7/1/14		1 7	90 83	3004 2899	5 Heng, David 6 Weyer, Keith	12/1/13 2/1/14		7	75 87	2445 2038	Jones, Cory 12/1/13 Weyer, Audrey 2/1/14	4 7 16 30
	12/1/13		7	75	2445	7 Brouillard, Gene	6/1/15		2	70	1803	Weyer, Brett 2/1/14	23 43
8 Weyer, Keith	2/1/14		~	87	2038	8 Jensen, Paul	8/1/14		~	67	1595	Weyer, Brock 2/1/14	19 33
9 Brouillard, Gene 10 Loehrlein, Colette	6/1/15 10/1/13		2	70 66	1803 1781	9 Young, Phalos 10 Gardner, Gary	7/1/14 6/1/14		2 45	46 59	1387 1203	Whittaker, Ashley 6/1/14	23 19
11 Jensen, Paul	8/1/14			67	1595	11 Fodstad, Bob	5/1/14			40	1086		
12 Young, Phalos 13 Gardner, Gary	7/1/14 6/1/14		2 45	46 59	1387 1203	12 Yeager, Rusty 13 Brindle, Matt	6/1/13 7/1/13		36	11 46	978 899	Commuting Mileage	
14 Fodstad, Bob	5/1/14		40	40	1086	14 Niethammer, Jim	12/1/13		12	21	853	Club Member Ballard, Tom	Miles Mon 387 Februa
15 Spearin, Alicia	7/1/14		2	35	999	15 Breivogel, Gary	4/1/14		1	36	817	Fodstad, Bob	179 Jur
16 Yeager, Rusty 17 Weber, Jane	6/1/13 11/1/13		36	11 47	978 968	16 Silke, Randy 17 Oliver, Mark	6/1/14 10/1/14		1	32 23	751 747	Gardner, Gary	81 Jur
18 Brindle, Matt	7/1/13			46	899	18 Spearin, Mike	7/1/14		·	25	704		
	11/1/13 12/1/13		1 12	21 21	862 853	19 Feller, Randy 20 Janowski, Robert	11/1/13 7/1/14			23 20	684 638	Ride Mileage Informatio	n
21 Breivogel, Judy	4/1/14		2	31	822	21 Brindle, Carson	7/1/13			39	636	Club Rides	Mileage
22 Breivogel, Gary	4/1/14		1	36 32	817 751	22 Ashworth, David	12/1/13			24 21	618 510	Boonville Castle	21 23 - 35
23 Silke, Randy 24 Oliver, Mark	6/1/14 10/1/14		1	23	751	23 Deeg, Ryan 24 Demerly, Mike	10/1/14 6/1/14			21	481	Circuit Rides	20
25 Ashworth, Vicky	12/1/13			31	724	25 Weyer, Brett	2/1/14			23	436	Dogtown Elite	12 - 23 - 45 17-22-32-43
26 Spearin, Mike 27 Feller, Randy	7/1/14 11/1/13			25 23	704 684	26 Jones, Curt D. 27 Weyer, Brock	12/1/13 2/1/14			20 19	432 336	Elite TP	22 - 37
28 Brindle, Sonya	7/1/13			36	679	28 May, Tony	8/1/14			15	331	4H Circuit	15
29 Robertson, Janet	2/1/14			29	666	29 Gerbig, Steve	11/1/13			11 2	231	Henderson High School Mesker Park	24 – 32 - 47 23 - 38
30 Janowski, Robert 31 Brindle, Carson	7/1/14 7/1/13			20 39	638 636	30 Kuykendall, Dave 30 Otolski, Kevin	10/1/13 8/1/14			27	220 220	Newburgh Dam	22 – 27 - 40
32 Ashworth, David	12/1/13			24	618	32 Watson, Craig	11/1/13			8	179	New Albany Olmstead	122 17 - 22 - 33
	10/1/14 12/1/13			21 23	510 483	33 Gatewood, Ronald34 Meyer, Matt	4/1/14 6/1/14			9 6	171 162	Reitz	21 - 40
35 Demerly, Mike	6/1/14			21	481	35 Hayden, Darin	11/1/13			5	155	Scott School	15 - 26 - 33
	10/1/14			22 23	456 436	36 Boren, Mike	9/1/13			7 5	154 137	West Terrace Hosted Rides	25
37 Weyer, Brett 38 Jones, Curt D.	2/1/14 12/1/13			23 20	430	37 Armstrong, Dan 37 Rundle, Jordan	10/1/14 7/1/14			с 8	137	New Year's Day - 1/1	12
39 May, Kara	8/1/14			17	381	39 Hawley, Tom	2/1/14			6	132	Firecracker Ride – 7/4 Ride& Swim at Bies' – 8/4	25 24
40 Stepro, Melissa 41 Weyer, Brock	7/1/14 2/1/14			14 19	367 336	39 Long, Nathan 41 Duncan, Charles	8/1/14 7/1/14			6 3	132 90	Specialty Rides	24
42 May, Tony	8/1/14			15	331	42 Jones, Cory	12/1/13			4	76	Rockin River City Ride – 4/20	62
43 Weyer, Audrey	2/1/14			16 13	300 264	43 Caldwell, Ryan	6/1/14			3 1	66 45	Harmonie Hundred – 5/5-5/6 TOSRV – 5/11-5/12	50/50 106/106
	11/1/13 11/1/13			13	204	44 Farr, Lance 45 McCarthy, Tom	8/1/14 10/1/14			2	45 44	Ride of Silence – 5/15	12
46 Kuykendall, Dave	10/1/13			2	220	45 Weddle, Matt	6/1/14			2		Wurst Ride – 5/18 Horsey 100 – 5/25-5/26	37 104/75
46 Otolski, Kevin 48 Greubel, Luan	8/1/14 10/1/14			7 11	220 202	47 Garrett, John 48 Nassr, Khaled	4/1/13 6/1/14			1 1	43 33	Ridin' for a Reason $- 6/15$	62
49 Whittaker, Ashley	6/1/14			23	192	49 Mueller, Tom	11/1/13			2	32	Nite Ride – 6/22	?
	11/1/13 4/1/14			8 9	179 171	50 Hoffman, Sergei	8/1/13 7/1/14			2 1	26 23	RAIN – 7/13 Strassenfest – 8/4	160 62
51 Gatewood, Ronald 52 Leader, Caron	9/1/13			9	170	51 Zuber, Chet 52 Moors, Butch	12/1/13			1	23	Pickin & Pedalin – 8/10	62
53 Meyer, Matt	6/1/14			6	162	52 Palmer, Dale	10/1/14			1	22	Schweitzer Fest Bicycle Tour – 8/11 Sunrise Century – 8/31	62 100
54 Hayden, Darin 55 Boren, Mike	11/1/13 9/1/13			5 7	155 154	54 Hunt, John 54 Pherson, Jim	10/1/13 9/1/13			1	20 20	Old Kentucky Home Tour – 9/7-9/8	102/50
56 Bies, Nicole	6/1/14		1	3	146	54 Robertson, Bill	2/1/14			1	20	PAC Challenge	62
57 Armstrong, Dan 57 Rundle, Jordan	10/1/14 7/1/14			5 8	137 137	57 Hust, Jim 58 Gerbig, Caleb	4/1/14			1	17 10	Hilly Hundred – 10/19-10/20 Volunteer Events	56/43
	11/1/13			0 7	137	56 Gerbig, Caleb	11/1/13				10	Chick-Fil-A Bike Rodeo – 4/6	47
60 Hawley, Tom	2/1/14			6	132							SIC Marathon – 4/6 Oak Hill Baptist Church – 4/13	47 43
60 Long, Nathan 62 Dile, Courtney	8/1/14 7/1/14			6 6	132 115	Women's Standing	gs	Dista	400	N	01.1	Rockin River City Ride – 4/20	62
63 Weyer, Theresa	2/1/14			6	109	Club Member	Exp.			No. of Rides		Marrs Elementary Rodeo – 5/18	43
64 Rold, Hope Jenkins 65 Duncan, Charles	6/1/14 7/1/14			5 3	104 90	1 Bies, Diane	6/1/14	1	15	156	4962	River City Senior Games – 5/19 Streets Alive – 5/19	33 33
	12/1/13			4	76	2 Holland, Diana 3 Loehrlein, Colette	11/1/13 10/1/13			107 66		River City Bicycle Classic Races – 6/8	43
67 Baehl, Joan	8/1/14			4	70	4 Spearin, Alicia	7/1/14		2	35	999	Rodeo – 6/26 Triathlon Club Half Marathon – 7/27	21 35
68 Caldwell, Ryan 69 Farr, Lance	6/1/14 8/1/14			3 1	66 45	5 Weber, Jane	11/1/13			47	968	Boonville Walmart Bike Rodeo – 8/10	47
69 Pendley, Ann	12/1/13			1	45	6 Wefel, Darlene 7 Breivogel, Judy	11/1/13 4/1/14		1 2	21 31	862 822	YMCA Triathlon – 8/17	45
71 McCarthy, Tom 71 Weddle, Matt	10/1/14 6/1/14			2 2	44 44	8 Ashworth, Vicky	12/1/13			31	724	Otter Game Helmet Fitting – 8/23 Great Pumpkin Metric - 10/6	20 65
73 Garrett, John	4/1/13			1	43	9 Brindle, Sonya 10 Robertson, Janet	7/1/13 2/1/14			36 29			
73 Wassmer, Yvette	7/1/14			3	43 37	11 Jones, Cindy	12/1/13			23	483		
75 Oliver, Debbie 76 Davis, Shannon	10/1/14 2/1/14			1	37	12 Hanft, Renee'	10/1/14			22			
76 Nassr, Khaled	6/1/14			1	33	13 May, Kara 14 Stepro, Melissa	8/1/14 7/1/14			17 14	381 367		
	11/1/13 12/1/13			2 2	32 29	15 Weyer, Audrey	2/1/14			16	300		
80 Hoffman, Sergei	8/1/13			2	26	16 Mueller, Kari 17 Greubel, Luan	11/1/13 10/1/14			13 11	264 202		
	11/1/13			2	25	18 Whittaker, Ashley	6/1/14			23	192		
82 Zuber, Chet 83 Moors, Butch	7/1/14 12/1/13			1	23 22	19 Leader, Caron 20 Bies, Nicole	9/1/13		1	7 3	170 146		
83 Palmer, Dale	10/1/14			1	22	20 Bles, Nicole 21 Parson, Katie	6/1/14 11/1/13		1	3	146		
85 Hunt, John 85 Jones, Sally	10/1/13 2/1/14			1	20 20	22 Dile, Courtney	7/1/14			6	115		
85 Pherson, Jim	9/1/13			1	20	23 Weyer, Theresa 24 Rold, Hope Jenkins	2/1/14 6/1/14			6 5	109 104		
85 Robertson, Bill 89 Hust, Jim	2/1/14 4/1/14			1 1	20 17	25 Baehl, Joan	8/1/14			4	70		
	4/1/14 11/1/13			1	17	26 Pendley, Ann 27 Wassmer, Yvette	12/1/13 7/1/14			1 3	45 43		
						27 Wassmer, Yvette 28 Oliver, Debbie	10/1/14			3	43 37		
						29 Davis, Shannon	2/1/14			1	33		
						30 Heng, Deb 31 Gerbig, Madison	12/1/13 11/1/13			2 2			
						32 Jones, Sally	2/1/14			1	20		

Red highlights indicate expired memberships that are 2 months overdue. Mileage shown includes miles that have been recorded for the year up through 2 months after the membership was overdue. editor's note: I was perusing the net one day and ran across this site titled, www.velominati.com It's a tongue-in-cheek look at riding from an old European (Belgian) perspective. The name comes from a blend of an old Belgian movement (The Illuminati—read your history books, people!) and a bit of Catholicism. From it, I've pulled "The Rules," 93 edicts about cycling etiquette, cleaned up a bit of the language since this is a family newsletter, and is here for your enjoy-ment. More next month. (Paul) The Rules, Courtesy of www.velominati.com.

Κ

We are the *Keepers of the Cog*. In so being, we also maintain the sacred text wherein lie the simple truths of cycling etiquette known as *The Rules*. It is in our trust to maintain and endorse.

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Rule #1

// Obey The Rules. Rule #2

// Lead by example.

It is forbidden for someone familiar with The Rules to knowingly assist another person to breach them.

<u>Rule #3</u>

// Guide the uninitiated.

No matter how good you think your reason is to knowingly breach The Rules, it is never good enough.

<u>Rule #4</u>

// It's all about the bike.

It is, absolutely, without question, unequivocally, about the bike. Anyone who says otherwise is obviously a <u>dweeb</u>.

Rule #5

// Harden Up.

<u>Rule #6</u>

// Free your mind and your legs will follow.

Your mind is your worst enemy. Do all your thinking before you start riding your bike. Once the pedals start to turn, wrap yourself in the sensations of the ride – the smell of the air, the sound of the tires, the feeling of flight as the bicycle rolls over the road. Rule #7

// Tan lines should be cultivated and kept razor sharp.

Under no circumstances should one be rolling up their sleeves or shorts in an effort to somehow diminish one's <u>tan lines</u>. Sleeveless jerseys are under no circumstances to be employed.

<u>Rule #8</u>

// Saddles, bars, and tires shall be carefully matched.

- o Valid options are:
- o Match the saddle to the bars and the tires to black; or
- Match the bars to the color of the frame at the top of the head tube and the saddle to the color of the frame at the top of the seat tube and the tires to the color where they come closest to the frame; or
- o Match the saddle and the bars to the frame decals; or
- o Black, black, black

Rule #9

// If you are out riding in bad weather, it means you are a <u>bad</u><u>dude</u>. Period.

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Fair-weather riding is a luxury reserved for Sunday afternoons and wide boulevards. Those who ride in foul weather – be it cold, wet, or inordinately hot – are members of a special club of riders who, on the morning of a big ride, pull back the curtain to check the weather and, upon seeing rain falling from the skies, allow a wry smile to spread across their face. This is a rider who loves the work.

<u>Rule #10</u>

// It never gets easier, you just go faster.

As this famous quote by Greg LeMan tells us, training, climbing, and racing is hard. It stays hard. To put it another way, per Greg Henderson: "Training is like fighting with a gorilla. You don't stop when you're tired. You stop when the gorilla is tired." Rule #11

// Family does not come first. The bike does.

Sean Kelly, being interviewed after the '84 Amstel Gold Race, spots his wife leaning against his Citroën AX. He interrupts the interview to tell her to get off the paintwork, to which she shrugs, "In your life the car comes first, then the bike, then me." Instinctively, he snaps back, "You got the order wrong. The bike comes first.

<u>Rule #12</u>

// The correct number of bikes to own is n+1.

While the minimum number of bikes one should own is <u>three</u>, the correct number is n+1, where n is the number of bikes currently owned. This equation may also be re-written as s-1, where s is the number of bikes owned that would result in separation from your partner.

□<u>Rule</u>#13

// If you draw race number 13, turn it upside down.

Paradoxically, the same mind that holds such control over the body is also woefully fragile and prone to superstitious thought. It fills easily with doubt and is distracted by ancillary details. This is why the tape must always be perfect, the machine silent, the kit spotless. And, if you draw the unlucky Number 13, <u>turn it upside</u> <u>down</u> to counter-act its negative energy.

<u>Rule #14</u>

// Shorts should be black.

Team-issue shorts should be black, with the possible exception of side-panels, which may match the rest of the team kit. Rule #15

// Black shorts should also be worn with leader's jerseys.
Black shorts, or at least standard team-kit shorts, must be worn with Championship jerseys and race leadership jerseys. Don't over-match your kit, or accept that you will look like a <u>dweeb</u>.
Rule #16

// Respect the jersey.

Championship and race leader jerseys must only be worn if you've won the championship or led the race.

Rule #17 and more next month.



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The Evansville Bicycle Club, Inc.							
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