



# EBC Bikewriter

## The Evansville Bicycle Club

### Newsletter

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## Notes From The President's Corner

**Darlene Wefel—EBC President**

July's here, and it's going to be hotter than a firecracker! June is going out with a bang with heat warnings, temperature hovering just below the century mark, and a heat index of 116 degrees. Yep, that's hotter than a firecracker. Speaking of firecrackers, don't forget the Firecracker Ride on July 4<sup>th</sup>, 8:00am at the Dam Overlook in Newburgh. Jane Buchta, Bob, & I are hosting the ride.

The Pacific Intercultural Exchange (PIE), a non-profit organization, is looking for families to host international students in the coming academic year. They try and match students with families based on hobbies and interest. So, if you're interested in being a host family for an international student, you can visit their website [www.pieusa.org](http://www.pieusa.org) or contact Pacific Intercultural Exchange at 1-888-743-8721, or Patty Bessing [Patty@prorehab-pc.com](mailto:Patty@prorehab-pc.com)

July looks like it's going to be a very busy month for the EBC. We have 3 safety events scheduled for the month.

1. Ivy Tech – bicycle give-away and rodeo on July 2<sup>nd</sup> at 2:00 pm. We need 6-9 club members to help with giving out bikes, fitting helmets, and doing a bike rodeo.

2. July 11<sup>th</sup>, 9:30 am, Stringtown Elementary School. We will be doing a bicycle rodeo for the Boy Scouts. We need 8 – 9 volunteers to help with checking bikes, manning the course, and giving instructions.

3. July 24<sup>th</sup>, at the Otter's Baseball game at Bosse Field @ 6:00pm. St. Mary's is giving away bike helmets. The EBC will be doing helmet fitting. This is a great way to meet members of the community, to demonstrate our community involvement, and see an Otters game. We need at least 7 club members to help. Contact Darlene for details.

In case you have not heard, the Indiana Bicycle Coalition has changed its name to Bicycle Indiana. Bicycle Indiana has been working very hard to make Indiana a "Bicycle Friendly" state. It's a very tough uphill battle. Nancy Tibbett, the new director, has

been working hard toward that goal. Bicycle Indiana needs the support of all cyclists throughout the entire state. For \$25 you can become a member and have your voice heard. I became a board member this past spring and have seen some of the projects that they are working on. July 23<sup>rd</sup> I will be in Indianapolis for a day-long workshop learning about the future of Bicycle Indiana and our strategic planning. Maybe I can glean some planning techniques to help our club.

I would like to encourage all members to try and attend our club meetings. At these meetings, we review past information, financial info, membership, and issues that relate to the club. Decisions that have an impact on all members can only be decided by the members that are present. Pros and Cons are discussed and details are worked out that the members feel are important. If you want to have a voice, you need to be there or have someone present representing you.

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## Notes From The President's Corner (Cont.)

Darlene Wefel—EBC President

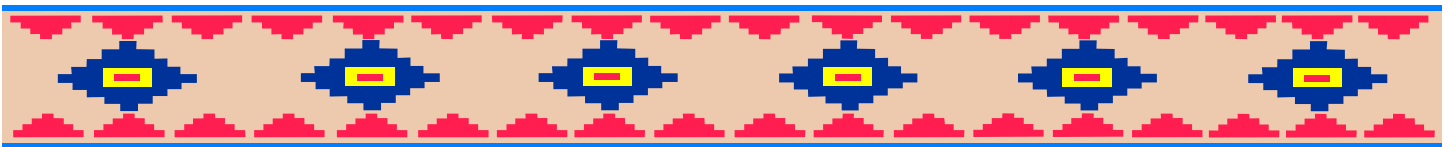
(Continued from page 1)

As some of you know, I do a little mountain biking with my husband Bob. It's not my thing, but I feel he should not be out there by himself. This past month, I have experienced two totally opposite ends of the mountain bike experience.

**Happy trails at New Harmony State Park:** If you have not had the opportunity to ride these trails, you need to make time to enjoy these trails. I found them to be really nice, and I can't wait to go back and bring my grandchildren (Ashley 12 and Molly 8).

The other end of the scale: **the death march at Big South Fork Recreation Area in Tennessee.** It consisted of gravel county roads that lead to multi-use trails that went up hills with 15 – 20 % grades which had about 3 inches of sand on them. Then the shortest route back to the campground was a 1.5 mile horse trail that was mainly sand. I've included a photo of Molly trying to get past a sand/mud pit along the trail. This death march took 2 hours to complete with temperatures in the upper 90's.

Lesson learned during this trip: if the map you have is not clearly marked, that is usually a sign that the trail is marked even less.



## Lose The Training Wheels

By Paul Jensen

At about the same time last year (first week in June) on the local news was a story about a program sponsored by the Easter Seals Rehabilitation Center that taught children how to ride a two wheel bicycle in four days. I thought that was pretty amazing in itself, but this program was for special needs children! So, at the June 2008 EBC club meeting, I asked those in attendance if they were aware of such a program. Only Dan Armstrong knew of the existence of the venture and gave a brief recap. At that time I said that we, as a club, with our interest

in advocacy, should become involved. There was agreement though the program was over for the year, and it was put on the back burner. This May, I received an email from Dan reminding me that the "Lose the Training Wheels" program was again scheduled and would be presented from June 1-5. That was all that was needed. The word got out, and four members worked their schedule around the requirements for the program: volunteer for the week for the same time slot (one hour and fifteen minutes) for the week. All

EBC club members were able to assist for the afternoon sessions. Linda Clemmer assisted in the 1:00-2:15 session while Amy Lutzel and myself were there from 2:30-3:45. Ironman Dan Armstrong volunteered for **BOTH** afternoon sessions.

### THE NUTS AND BOLTS--HOW IT WORKS

#### Lose the Training Wheels

- An international program with over 50 camps planned for the summer of 2009.
- All bikes used are included

- Three experienced professionals are provided with one being a mechanic.

The Evansville "Team"

- ⇒ Heidi, 9<sup>th</sup> year, mechanic, recent graduate of Olivet Nazarene
- ⇒ Nikki, 2<sup>nd</sup> year, recent graduate of Wichita State University
- ⇒ Brianne, 1<sup>st</sup> year, recent graduate of Missouri Baptist College

Bringing the program to Evansville comes at a cost of \$10,000.00 and is for children from 6 to 20 years of age.

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# Getting a Jump on the Pumpkin

## Dan Krueger, 2009 GPM Coordinator



The 2009 Great Pumpkin Metric is shaping up nicely. The planning committee has been hard at work making plans for this year's ride. Even with the four of us working to put the ride together, we still need your help between now and October. Here's how you can help:

### 1.) Promote Now

Whether you get people to register as an individual or to put a team together, we want people to start thinking about the GPM today. The ride is just as fun for beginning riders as it is for experienced ones. Start talking it up.

We have already begun promoting through the monthly "Family & Training Rides." If you know someone who is new to riding, this is an excellent chance for them to get comfortable with riding on the road.

### 2.) Find Potential Sponsors

The GPM always has a number of

key sponsors who we count on every year, but we are always looking for groups and businesses that want to help us out. Remember that the money raised from the GPM goes back in the community. The more money raised, the greater the impact we can have in support of our fellow cyclists.

### 3.) Consider Volunteering

All veteran EBC members are expected to volunteer for this event and we still have a number of areas that will need to be covered. Whether it is all day or just a couple of hours, the time you are able to give is essential for a successful event. I know that many of you would rather be riding that day, but our ability to put on a great ride will make a difference for the future.

Here are some quick updates:

- The next Family and Training Ride will be Saturday, July 11<sup>th</sup>, at 2:00pm. We will be riding the Olmstead/1164

area. Bring your kids, grandkids, or even friends to ride.

- We have a new logo for the GPM. Special thanks to graphic design students at the University of Evansville for working on this project. The final product is below.



If you have any questions, please contact me at (812) 306-1343 or [yes-man1000@hotmail.com](mailto:yes-man1000@hotmail.com).

Dan Krueger  
2009 GPM Coordinator

## GPM Rest Stops

Reserve your stop and your holiday today!

### Only TWO stops left.

This year's theme is "A Cycling Holiday", so it will be fun and easy to decorate a stop. I hope no one is hung over after stopping at the New Year's stop.

Other holidays already claimed include Halloween and 4<sup>th</sup> of July.

The two stops left are on the short ride and at St. Wendell.

Duties include: decorating the stop, picking up supplies Saturday before the ride and arranging for help to serve and encourage the hungry cyclist.

Contact Linda Clemmer at [lclemmer@csc.com](mailto:lclemmer@csc.com) or 812-568-5097 if you and some friends would like to make PB&J's and support the riders.

## Where Will You Be Helping Out This October 4th?

GPM Volunteers now being accepted.  
Spots are filling fast.

Contact any of the following to reserve your favorite volunteer spot:

**SAG** — Jay Vercellotti,  
[rides@endlessvistas.com](mailto:rides@endlessvistas.com)

**Truck/Tents/Porta-Johns** — Mark Oliver,  
[moliver@insightbb.com](mailto:moliver@insightbb.com)

**Rest Stops**—Linda Clemmer, [lclemmer@csc.com](mailto:lclemmer@csc.com)

**Registration** — Rusty Yeager  
[ryeager42@wowway.com](mailto:ryeager42@wowway.com)

**Swine Barn** — Gary Gardner  
[gogardner@roadrunner.com](mailto:gogardner@roadrunner.com)

**Cooking** — Ron Lee,  
[ronnie.lee@world.att.net](mailto:ronnie.lee@world.att.net)

**Team Riding** — Paul Jensen,  
[pj-3@sbcglobal.net](mailto:pj-3@sbcglobal.net)

**Parking** — Gene VanStone,  
[vanstone@insightbb.com](mailto:vanstone@insightbb.com)

Or contact me, Renee' Hanft,  
[sunshinein@insightbb.com](mailto:sunshinein@insightbb.com)





## Meet Your EBC Officers

### Membership—Dave Ashworth



**Q:** *What attracted you to become a member of the Evansville Bicycle Club?*

**A:** I had biked for exercise for years, however, I was not a member of a club. By chance, the Pumpkin Route was very close to our home, and I had seen the riders on that weekend in October and decided one year to try it. This was my first exposure to organized riding, and I decided that to know more about that type of riding I needed to join the club.

**Q:** *What do you enjoy most about taking care of the EBC Membership responsibilities?*

**A:** I get to contact all new members.

**Q:** *In your opinion, what makes the EBC unique?*

**A:** When asked this question, my reply is always the same: it is what we give back to the community. I am most proud of what we have been able to provide the schools, the help to individuals, and time and money to other groups to both promote bicycling and a healthy life style.

**Q:** *What advice would you give a budding cyclist?*

**A:** Ride with others. This allows you to gauge improvement and also compare and find what accessories or changes in diet may help to improve your riding experience.

**Q:** *What television shows do you enjoy most?*

**A:** Anything on the History Channel.

**Q:** *Where is your favorite ride?*

**A:** Any ride without a head wind.

**Q:** *What do you like to do in your limited spare time when you are not cycling?*

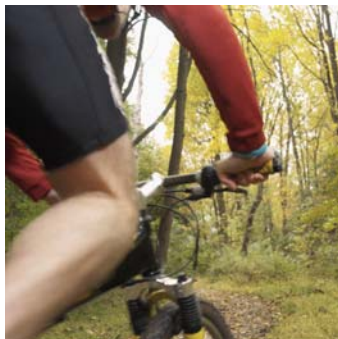
**A:** Spare Time? I would like to camp more.

**Q:** *What's your favorite joke?*

**A:** Tonight, I will stay with the fast pack.

**Q:** *What are your favorite cycling memories?*

**A:** There are a lot of memories associated with bicycling that I treasure. Here are a few: The view from Lookout Mountain as you round the last curve and have made the top. Riding as a group into Panama City after a week on the road. Riding to the top of the Smokies and making the descent. The first time Vic called and said she was going to ride by herself. The turn into the school at the end of RAIN, and passing Ron Pendley walking on a hill (of course right after that he passed me walking on the same hill).



#### Please Note:

Riding the New Albany ride?

The new Hwy 231 in Dale is open. Be sure to stop at the intersection of HWY 68/62 before you get into Dale, Indiana. There has been a stop sign there for 2 years, and highway 231 was closed. It opened June 17th.



#### Please Note:

**The dates for the bike MS: Cruisin' The Crossroads Ride 2009<sup>®</sup> have changed.**

**New dates:**

**SEPTEMBER 26<sup>TH</sup> & 27<sup>TH</sup>**

**More Info:** [http://bikeini.nationalmssociety.org/site/TR/Bike/INIBikeEvents?pg=entry&fr\\_id=10960](http://bikeini.nationalmssociety.org/site/TR/Bike/INIBikeEvents?pg=entry&fr_id=10960)



**To BUY**

**Good used road bike for 6-ft. male.  
Maximum \$500.  
Call Rich. 574.361.7597**

# Lose The Training Wheels (Cont.)

By Paul Jensen

(Continued from page 2)

The national success rate for children to ride independently on a two wheel bike by the end of the last session is 85%.

More information is available at: <http://www.losethetrainingwheels.org/>

## The Evansville Camp

Location: Hebron School  
Sponsored by: Easter Seals Rehabilitation Center  
In Charge: Patty Balbach, Linda Dillon

Cost per student for the local camp is \$150.00.

It is a five-day program with six students per class, five class sessions per day, one hour and fifteen minute classes.

## The process:

Rollers replace the back wheel. There are five levels of rollers with the beginning roller at level 3, which is about as large as the outside as it is on the inside. Each level of roller has a smaller circumference at the outside. There is a special handle at the back of the bike to let the volunteer assist in stability when needed. As the student becomes comfortable at one level, a higher number roller replaces the previous one. Also, these bikes have high handle bars to encourage sitting up straighter and this promotes looking forward. Also, they do not

have brakes. Otherwise they are considered normal "Cruiser" bikes with traditional seats and sized wheels.



After mastering the "roller" bikes the next progression is to a "real" bike which is a normal single speed "cruiser" bike that has both a coaster brake plus a rear hand brake. This bike also has the handle in the back.

The EBC team of Amy, Dan and Paul "adopted" Alexa "Lexi" Oser, and a chronicle of her progress through the week follows.

Lexi is 12 years old and is a resident of Ferdinand, IN. She was diagnosed with Autism at the age of 8. An attempt was made at age 10 to teach Lexi to ride a two wheeler, and, as her mother said, "She started out great, but then crashed and burned."

As you can see she is a



beautiful young lady with a smile that never ends.

Lexi's daily log:

**Day 1** Met with her EBC team. Began at level 3, progressed to level 5 by the end of the session. The students ride in an oval around the basketball boundary lines with an assistant in close proximity. The students change direction about every fifteen minutes.

**Day 2** Went from level 5 to level 7. Went outside and successfully rode a tandem with Heidi.

**Day 3** After 30 minutes riding at level 7, it was time to move to a two wheeler where Lexi rode up and down the gym floor being assisted in starting and stopping. Then it was time to go outdoors to the parking lot where she rode a "normal" cruiser bike in a

large oval rotation with an assistant (Amy and Lexi's mother) running along side.

We would go fifteen minutes one way and then fifteen the opposite way to learn turning in both directions. We also practiced stopping skills using the rear hand brake and starting from a stop (the most difficult skill.)

**Day 4** Even though the camp is scheduled to go through Friday, this was going to be Lexi's last day since a family camping trip had been arranged long before the bicycle camp put on the schedule. While Lexi and Amy were practicing skills mom was receiving advice on how to adapt Lexi's bike to meet the recommendations made by Heidi, the mechanic. Mom pretty well decided that it would probably be a good idea to purchase a new bike that was already set up correctly. And since Lexi was pretty tall, she would probably not need another bike later.



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Evansville Bike Club  
is looking for a  
**New**  
**Jersey Design**

It's time and we want **YOU** to be involved!!!!

Please submit any and all ideas for the new EBC Jersey to me ASAP  
aapendley@paynewealthpartners.com

The chosen design creator will win a **FREE EBC JERSEY!!!!**

I'm looking forward to your creative response!!!!  
Ann Pendley

July 11, 2009  
Knox County Cure  
Tour  
Volunteers Needed

We're needing volunteers for the rest stops and other duties to help make the Knox County Cure Tour an AMAZING event!!!

Do you have a family member who isn't riding, but would love to help this great cause???

Volunteer Form - <http://www.facebook.com/l/?http://www.vincennesymca.org/assets/files/VolunteerCure.pdf>

Another update...we're up to 101 registered riders!!! It's looking like the Cure Tour will be a great event. Please continue to spread the word, bring your friends and family!

Thanks,  
Eric

## Great Pumpkin Metric

### October 4, 2009

## A Cycling Holiday

### EBC Volunteers Needed

July 2 at Ivy Tech at 2:00 p.m. Bike Giveaway Program. Volunteers from the EBC needed to help with fitting helmets. Also help needed with a rodeo to include bike rules for the road. This will take place at 3:00 or 4:00 p.m. after the bike give away.

July 11 at Stringtown Elementary School at 9:30 a.m. Boy Scouts Bicycle Rodeo. We need 8-9 volunteers to help with checking bikes, manning the course, and giving instructions.

July 24 St. Mary's is giving away helmets at the Otters game. Volunteers are needed.

To volunteer, contact Darlene Wefel — [dywefel@wowway.com](mailto:dywefel@wowway.com)

## Lose The Training Wheels (Cont.)

By Paul Jensen

(Continued from page 5)

By the time this day of cycling was completed Lexi could, with confidence, start, stop, turn both ways and change speeds. Because Lexi would not be present the last day, she received her certificate of accomplishment plus she got to keep her helmet.



**Day 5** This was a day of final accomplishment with a closing ceremony that had each child in the program strutting their new skills in front of the visiting parents in attendance. Out of the 29 beginners from the first day, 25 were able to perform the basic skills of starting stopping and turning on their own two wheeler. The other four need minor assistance with one or more of the skills.

All in all everyone associated with the program, (students, parents, staff and volunteers) felt much better for the experience.

## Siberian Summer Bike Ride

Hello Cycling friends,

The Perry County Greenway Initiative is hosting the Siberian Summer bike ride on August 1st in Perry County, Indiana. The 8 mi, 20 mi, 60 mi, or 75 mile ride will travel through the rolling hills of Perry County from Tell City to Siberia. This ride is a fundraising event for a bike lane project that will construct over 10,000 linear feet of bike lanes in Tell City. We are raising funds to match a grant we have received from the Welborn Baptist Foundation for our bike lane project.

Many of you are familiar with the beauty of our area through your participation in the annual Falling Leaves Bike Ride. We hope that you will be able to join us for the Siberian Summer bike tour as well as the Falling Leaves tour in September.

Please let other cyclists know about our event. Feel free to contact me for more information.

Thank you,  
Rebecca Fenn  
Perry County Greenway Coordinator  
c/o United Way of Perry County office  
[perrycountygreenway@gmail.com](mailto:perrycountygreenway@gmail.com)



Need some great road tires?

Brand New pair of Michelin Pro Race 3 700c tires (will not fit my older Wolber rims).

\$30.00 each.

Contact Tim McKinney at [tam122453@gmail.com](mailto:tam122453@gmail.com) or 812 983-4903.

# WELCOME

## NEW MEMBERS

- Kevin Hurt
- Rick Christ
- Jackie and Scott Harrell & Family



# The Mighty Tour Of the Scioto River Valley — TOSRV

By Charlie Miller

TOSRV is one of those rides that I've wanted to do for a long time. It is right here in my Ohio back yard. I've heard many wonderful things about it, but I've put off doing it for years. A big reason for the procrastination was my belief that I couldn't do a century ride. However, the two centuries I did in 2008 disproved that theory. But TOSRV is two days of centuries, and I was sure I would not be in shape for the second day. So, this year, I found a solution by having a SAG person pick me up at the end of the first day to take me home. I had no more excuses. 2009 was my TOSRV year.



I caught a ride to Columbus with some other riders on the afternoon before TOSRV and picked up my ride packet. I spent the night in a Super 8 and was in the city of Columbus bright and early the next morning, ready to begin my adventure. The weatherman promised us rain all day, but, at the start of the ride, it was just a little bit overcast. Heading south out of Columbus, it didn't take long to meet the strong head wind that would be our constant companion for the entire 105 miles to Portsmouth.



The first 30 miles to Circleville went by pretty quickly. It was flat, mostly urban, and the wind was not so bad. Just before reaching the first rest stop in Circleville, the rain started to sprinkle a little bit, but it didn't last long. The first rest area was in Circleville's Ted Lewis Park, and they had a plentiful food selection to fuel us along our way.



The next 25 miles to Chillicothe was torture. The wind really picked up and it felt like I had to fight for every inch of road. I don't think I averaged much more than 10 MPH over that stretch. The sky was still overcast, and, again, there was a drop or two of rain as I came into Chillicothe. The lunch stop was at Youctangee Park. It was well stocked, and there seemed to be no

limit to the amount of food available. If you were still hungry after your first pass through, you simply got back in the food line again.



In the park gazebo, there was a local group playing classic rock hits for our entertainment, and, after the battle with the wind, I was enjoying the respite. I was dreading the thought of facing the wind again, but I knew I had to move along.

As it turned out, the next 25 miles into Waverly were not so bad. That was because the route got hilly and formed natural wind breaks due to the hills and valleys we rode through. I think I preferred the hills over flat-n'-windy. The other thing I noticed about this ride was the amount of police support we received. Most of the route is on SR 104, a two lane country highway that parallels the Scioto River. It's not unusual to see a police car patrol this highway, but we had many Ohio State Troopers patrolling the route this day keeping us safe. It was a comfort to see their presence. The last rest stop was at White Lake State Park in Waverly. Some sadistic person placed the food and water atop a hill in this

*(Continued on page 9)*



## The Mighty TOSRV (Cont.)

By Charlie Miller

(Continued from page 8)



park with what looked like a mile of steps to be climbed to reach it. I'm sure the reason for this was the spectacular view of White Lake from up there. But, after riding 80 miles into the wind, those steps were a daunting sight. For some reason, the Led Zeppelin song "Stairway to Heaven" kept popping into my head.

Leaving White Lake State Park began the final 25 mile stretch into Portsmouth. The sun finally broke through the clouds and the route took us through a nice wooded valley area. This was by far the prettiest part of the ride. It was flat, very scenic, and the wind had calmed down a bit. It was a nice reward after the first 80 mile struggle.



Entering Portsmouth, I was greeted by a welcoming committee in the park where a live band was playing. I soon found my SAG support, who were in the park enjoying the music and chatting with other cyclist friends. I was the slowest of the group to complete the 105 mile ride. A quick shower and then loading my bike and gear into the car ended my TOSRV adventure for 2009. I was worn out, tired, and hungry, but very satisfied with myself for my first TOSRV experience. Maybe next year I'll do the return leg to Columbus too!



Bicycle Indiana is funded by grants and individuals and needs your support. The EBC donates \$1.00 per GPM rider.

For a limited time, those who join will receive a \$10 gift card. The cost of being a member is minimal—\$25.00. You can make a difference by joining.

<http://bicycleindiana.org/>



**League of American Bicyclists**

[www.bikeleague.org](http://www.bikeleague.org)

**Mission:** To promote bicycling for fun, fitness, and transportation. Work through advocacy and education for a bicycle-friendly America.



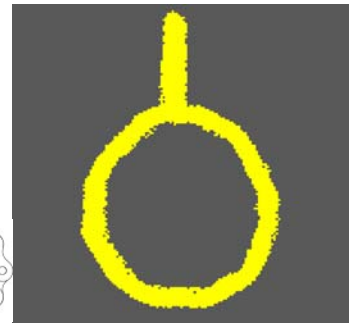
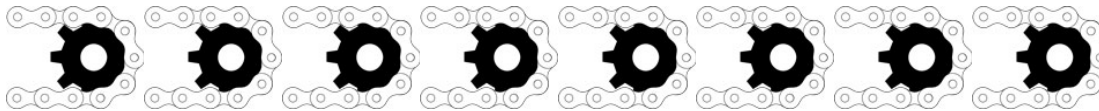
## YMCA Off Road Triathlon

By Linda Clemmer

Dave Myers and I volunteered to help at the YMCA Off Road Triathlon that was held Saturday, June 20, at Scales Lake in Boonville. You just never know where you will spot other EBC members. Kudos to these crazy athletes, I think they had fun.



# MARKED UP!



*Ride Schedule and Website News with Tour Director and Webmaster, Jay Vercellotti  
rides @ endlessvistas.com*

**GPM Family/Training Ride:** This month's ride will be at the Olmstead starting place (I-164 access next to the end of Burkhardt Rd.)

**Hosted Rides:** We've got 2 hosted rides this month. The first one is Darlene and Bob's traditional Firecracker Ride and it is even on the 4th of July this year! Next is Dan and Leandra Krueger's Nite Ride on the 31st. Yes, it is at night, so bring your head and tail lights. It is a 12 mile no drop ride and it is sure to be a break from the ordinary.

**Ride to New Albany:** This ride is normally 2 weeks before RAIN, but this year at the June meeting, we decided to have it the week before RAIN to avoid holiday weekend traffic around Holiday World. It wouldn't have been a problem except that RAIN is especially late this year. So the Ride to New Albany will be on the 11th.

**Local Bike Tours:** This is a reminder that we don't schedule the regular morning club ride when there is a local tour. On the 11th, we have the

new Knox County Cure Tour in Vincennes. Then on the 25th, we have the Madisonville PAC Challenge. So, there is still a century on the 25th, but no morning Dogtown ride. Wear your club jerseys to these rides to show your support for the EBC!!

**Busy Schedule for July:** The July schedule is especially crammed with rides and events. Don't take anything for granted this month and be sure to check the calendar ahead of time!!! Mileage isn't given for rides that don't exist.

*Get out there and ride — any distance at any speed. Just be sure to enjoy yourself along the way.*

## Event Information

**July 2: 2:00 PM Ivy Tech Safe Schools & Healthy Students Bike Safety Club miles given for volunteering.** Contact Paul Jensen pj-3@sbcglobal.net (812) 760-6158

**July 4: 8:00 AM Firecracker Ride @ Newburgh Dam Overlook** SR 662 (Newburgh Rd.) 20 or 32 mi. Hosts: Bob & Darlene Wefel. Call 812-490-0686 for info.

**July 11: 7:00 AM EDT Knox County Cure Tour @ Lincoln High School, 1545 S Hart Street, Vincennes, IN. **Note:** 6AM Evansville time!!!** Proceeds will benefit Good Samaritan Hospital's Breast Care Center and Susan G. Komen Southwest Indiana Evansville Affiliates. 15, 33, or 63 mi. 812-887-4959

<http://www.facebook.com/group.php?gid=58894189172&ref=ts>

<http://www.vincennesymca.org/assets/files/KnoxCountyCureTour.pdf>

**July 11: 7:00 AM Ride to New Albany @ Plaza Park MS** on outer Lincoln. You must have your own SAG along the route & back to Plaza. 122 Hilly Miles.

**July 11: 9:30 AM Boy Scouts Bike Rodeo @ Stringtown Elementary.** Contact Darlene Wefel 812-490-0686 dvwefel@wowway.com

**July 11: 2:00 PM @ GPM Training Ride @ I-164 Access** Burkhardt & Olmstead Rds. 12 mi.

**July 18: 6:00 AM RAIN @ Terre Haute, IN** 160 mi. <http://www.rainride.org> 812-332-6028 \$\$

**July 18: 8:30 AM NO DROP RIDE @ Dogtown Boat Ramp** on Old Henderson Rd. 12 mi. ***What's a No Drop Ride?*** It's a great opportunity to come see what the E.B.C. is all about. We ride 12 miles on a flat road at about 12 MPH. You don't need to be a member!

**July 24: 6:00 PM Night at the Otters Helmet Fitting @ Bosse Field.** St. Mary's is giving away 500 helmets to the first 500 children. Volunteers will get free admission tickets and vouchers for the concession stand. Need to be there at 6:00 game starts 7:00. The fitting will be before game, and intermission. Contact Darlene Wefel to volunteer. 812-490-0686 dvwefel@wowway.com

**July 25: 8:00 AM PAC Challenge @ Madisonville, KY.** 10, 21, 40, or 62 mi.

<http://www.pennyrileareacyclists.com> 270-836-6191 \$\$

**July 31: 8:30 PM Nite Ride @ 2230 Ridgecrest Dr.** Ride hosts Dan and Leandra Krueger. No-Drop 12 mi. Call 306-1343 for info. **Head and Tail Lights Required!!!** Directions: From Evansville, take 41 North, Right on St. George Rd., Left on Ohara Dr., Left on Ridgecrest Dr. Melody Hills Subdivision.



# July 2009 E.B.C. Ride Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>New riders need to be ready to leave 30 minutes early and are encouraged to start with a "No Drop" or "Come Ride With Us" Ride.</i></p> <p><i>Helmets are mandatory.</i></p> <p><u>As always, please park on the I-164 side of the Access Road &amp; PARK ON PAVEMENT!</u></p> <p><u>SEE EVENT INFO ON BACK FOR MORE DETAILS!</u></p> <p><a href="http://www.evansvillebicycleclub.org">http://www.evansvillebicycleclub.org</a></p>						
<p>5 <b>10:00 AM @ <u>Henderson Co. High School</u></b> in Henderson, KY 24 or 32 mi.</p> <p><b>3:30 PM <u>Come Ride With Us @ I-164 Access</u></b> Burkhardt &amp; Olmstead Rds. 17, 23, or 33 mi.</p>	<p>6 Club Jersey Sundays. Wear your Evansville Bicycle Club Jersey on the Sunday club rides.</p>	<p><u>Ride hosts welcome for August and September</u></p> <p>Call or e-mail Jay Vercellotti @ 867-7549 rides @ endlessvistas.com</p>	<p>1 <b>6:00 PM @ <u>Elite Fitness</u></b> (57 &amp; Kansas) 23 miles.</p>	<p>2 <b>9:00 AM @ <u>Old Dam Site</u></b>, Newburgh, 27 mi.</p> <p><b>2:00 PM <u>Ivy Tech Safe Schools &amp; Healthy Students Bike Safety Club miles given for volunteering.</u></b> Contact Paul Jensen pj-3@sbcglobal.net (812) 760-6158</p> <p><b>6:00 PM Circuit Ride @ <u>Dogtown Boat Ramp</u></b> 20 mi.</p>	<p>3 <b>9:00 AM <u>3rd of July Ride @ Scott School</u></b> on Old State Rd. 15, 26, or 33 mi.</p>	<p>4 <b>Independence Day</b></p> <p><b>8:00 AM <u>Firecracker Ride @ Newburgh Dam Overlook</u></b> SR 662 (Newburgh Rd.) 20 or 32 mi. Hosts: Bob &amp; Darlene Wefel and Jane Buchta. Call 812-490-0686 for info.</p> <p><b>1:00 PM @ <u>Dogtown Boat Ramp</u></b> 12, 23, or 43 mi.</p>
<p>12 <b>10:00 AM @ <u>Scott School</u></b> on Old State Rd. 15, 26, or 33 mi.</p> <p><b>3:30 PM <u>Come Ride With Us @ I-164 Access</u></b> Burkhardt &amp; Olmstead Rds. 17, 23, or 33 mi.</p>	<p>13 <u>Directions to Dogtown</u> Take the <u>Barker Ave.</u> exit south from the Lloyd Expy. At <u>Broadway Ave.</u> go right (stop light). At <u>Tekoppel Ave.</u> go left (right before the levee). At <u>Old Henderson Rd.</u> go right (Tekoppel T's into Old Henderson Rd.) Dogtown Boat Ramp will be approx. 1 mi. down the road on the same side as the river.</p>	<p>7 <b>9:00 AM &amp; 6:00 PM @ <u>I-164 Access</u></b> Burkhardt &amp; Olmstead rds. 17 or 23 miles.</p>	<p>8 <b>6:00 PM @ <u>Elite Fitness</u></b> (57 &amp; Kansas) 23 miles.</p>	<p>9 <b>9:00 AM @ <u>Old Dam Site</u></b>, Newburgh, 27 mi.</p> <p><b>6:30 PM Club meeting @ Newburgh</b> Pizza Chef near Wesselman's on Hwy 261.</p>	<p>10 <b>No Circuit Ride</b></p> <p>11 <b>7:00 AM EDT <u>Knox County Cure Tour</u></b> @ Lincoln High School, Vincennes, IN. Note: 6AM Evansville time!!! 15, 33, or 63 mi.</p> <p><b>7:00 AM <u>Ride to New Albany</u></b> @ Plaza Park MS on outer Lincoln. You must have your own SAG along the route &amp; back to Plaza. 122 Hilly Miles.</p> <p><b>9:30 AM <u>Boy Scouts Bike Rodeo</u></b> @ Stringtown Elementary. Contact Darlene Wefel 812-490-0686 dvwefel@wowway.com</p> <p><b>2:00 PM @ <u>GPM Training Ride @ I-164 Access</u></b> Burkhardt &amp; Olmstead Rds. 12 mi.</p>	<p>18 <b>6:00 AM <u>RAIN</u></b> @ Terre Haute, IN 160 mi \$\$</p> <p><b>8:30 AM <u>NO DROP RIDE @ Dogtown Boat Ramp</u></b> on Old Henderson Rd. 12 mi.</p> <p><b>9:45 AM &amp; 1:00 PM Same Place</b> 23 mi.</p>
<p>19 <b>10:00 AM @ <u>Elite Fitness</u></b> (57 &amp; Kansas) 16, 23, 35, or 43 miles.</p> <p><b>3:30 PM <u>Come Ride With Us @ I-164 Access</u></b> Burkhardt &amp; Olmstead Rds. 17, 23, or 33 mi.</p>	<p>20 <u>Directions to H.C. H.S.</u> Take Pennyryle Pkwy to SR 351 exit go East (coming from Evansville go under Pennyryle) approximately 1/2 mi. to school on right.</p>	<p>14 <b>9:00 AM &amp; 6:00 PM @ <u>I-164 Access</u></b> Burkhardt &amp; Olmstead rds. 17 or 23 miles.</p>	<p>15 <b>6:00 PM @ <u>Elite Fitness</u></b> (57 &amp; Kansas) 23 miles.</p>	<p>16 <b>9:00 AM @ <u>Old Dam Site</u></b>, Newburgh, 27 mi.</p> <p><b>6:00 PM Circuit Ride @ <u>St. Joseph Catholic Church</u></b>, St. Joseph, IN. 6202 W Saint Joseph Rd. 20 mi.</p>	<p>17 <b>9:00 AM Circuit Ride @ <u>St. Joseph Catholic Church</u></b>, St. Joseph, IN. 6202 W Saint Joseph Rd. 20 mi.</p>	<p>25 <b>7:00 AM <u>Club Century</u></b> @ Plaza Park MS on Outer Lincoln Ave. 100 mi. <u>Folsomville</u> or <u>Touring Route</u></p> <p><b>8:00 AM <u>PAC Challenge</u></b> @ Madisonville, KY. 10, 21, 40, or 62 mi. \$\$</p> <p><b>1:00 PM @ <u>Henderson Co. High School</u></b> in Henderson, KY 24, 32, or 47 mi.</p>
<p>26 <b>10:00 AM @ <u>Old Dam Site</u></b> Newburgh, 27 or 40 miles.</p> <p><b>3:30 PM <u>Come Ride With Us @ I-164 Access</u></b> Burkhardt &amp; Olmstead Rds. 17, 23, or 33 mi.</p>	<p>27</p>	<p>21 <b>9:00 AM &amp; 6:00 PM @ <u>I-164 Access</u></b> Burkhardt &amp; Olmstead rds. 17 or 23 miles.</p>	<p>22 <b>6:00 PM @ <u>Elite Fitness</u></b> (57 &amp; Kansas) 23 miles.</p>	<p>23 <b>7:00 AM <u>Club Century</u></b> @ Plaza Park MS on Outer Lincoln Ave. 100 mi. <u>Folsomville</u> or <u>Touring Route</u></p> <p><b>9:00 AM @ <u>Old Dam Site</u></b>, Newburgh, 27 mi.</p> <p><b>6:00 PM Circuit Ride @ <u>Scott School</u></b> 20 mi. Yellow Marks — 3 mile loop.</p>	<p>24 <b>9:00 AM Circuit Ride @ <u>Scott School</u></b> 20 mi. Yellow Marks — 3 mile loop.</p> <p><b>6:00 PM <u>Night at the Otters Helmet Fitting</u></b> @ Bosse Field. Sponsored by St. Mary's. Contact Darlene Wefel to volunteer 812-490-0686 dvwefel@wowway.com</p>	<p>Stats?: Rusty Yeager ryeager42 @wowway.com</p> <p>Newsletter?: Renee Hanft sunshinein @insightbb.com</p> <p>\$\$=Registration Fee</p>
<p>30 <b>9:00 AM @ <u>Old Dam Site</u></b>, Newburgh, 27 mi.</p> <p><b>6:00 PM Circuit Ride @ <u>Boonville Jr. High School</u></b> Yankeetown side 20 mi.</p>		<p>28 <b>9:00 AM &amp; 6:00 PM @ <u>I-164 Access</u></b> Burkhardt &amp; Olmstead rds. 17 or 23 miles.</p>	<p>29 <b>6:00 PM @ <u>Elite Fitness</u></b> (57 &amp; Kansas) 23 miles.</p>	<p>31 <b>9:00 AM Circuit Ride @ <u>Boonville Jr. High School</u></b> Yankeetown side 20 mi.</p> <p><b>8:30 PM <u>Nite Ride</u></b> @ 2230 Ridgcrest Dr. Ride hosts Dan and Leandra Krueger. No-Drop 12 mi. Call 306-1343 for info. <b>Head and Tail Lights Required!!!</b></p>		

# Evansville Bicycle Club – 2009 Club Mileage through 6/6/2009

## Overall Standings

Club Member	Exp.	Ride Host	100 Miles	No. of Rides	Club Miles
1 Yeager, Rusty	6/1/09		16	49	1979
2 Holland, Diana	11/1/09		1	55	1727
3 Ashworth, David	12/1/09		2	34	1294
4 Nalley, Shane	9/1/09		4	32	1109
5 Loehrlein, Colette	10/1/09		2	35	1098
6 Silke, Randy	6/1/09			36	1039
7 Krueger, Dan	6/1/09		1	32	1002
8 Pendley, Ron	6/1/09		1	29	990
9 Bies, Diane	6/1/09		3	34	986
9 Johnson, Bill	7/1/09		4	22	936
11 Jones, Cindy	12/1/09		2	30	908
12 Maurer, Terrell	7/1/09			30	888
13 Hudson, Hank	6/1/09			29	846
14 Jensen, Paul	10/1/09			25	831
15 Gerbig, Steve	11/1/09		11	19	806
16 Gardner, Gary	4/1/10		20	24	802
17 Ashworth, Vicky	12/1/09			30	789
18 Robertson, Janet	2/1/10			23	591
19 VanStone, Gene	11/1/10			29	580
20 Rold, Hope Jenkins	1/1/10			22	573
21 Clemmer, Linda	11/1/09			15	566
22 Voegel, Bill	4/1/10		2	13	561
23 Boren, Mike	3/1/10			21	513
24 Leader, Caron	3/1/10		1	16	482
25 Janowski, Robert	7/1/09		1	12	480
26 Brindle, Matt	5/1/10			19	466
27 Watson, Craig	7/1/09			13	434
28 Williams, Mary	3/1/10			16	416
29 Enmark, Dave	5/1/09		1	10	404
30 Williams, Jeff	8/1/09			14	395
31 Roll, Steve	3/1/10			12	390
32 Brouillard, Gene	5/1/11			13	380
33 Myers, Dave	8/1/09			10	369
34 Jones, Curt D.	12/1/09			12	324
35 Demerly, Mike	7/1/09			12	323
36 Miller, Charles	3/1/10		1	5	286
37 Hanft, Renee'	4/1/10			13	279
38 Gardner, Opal	4/1/10			10	251
39 Pendley, Kevin	9/1/10		1	7	248
40 Wefel, Darlene	11/1/09			9	240
41 Lovins, Eric	3/1/10			8	219
42 Merrick, David	11/1/09			7	210
43 Niethammer, Jim	12/1/09		1	4	199
44 Klotz, Andrea	8/1/09			8	188
45 Sullivan, Patrick	1/1/10			7	179
46 Meyer, Greg	2/1/10			5	171
46 Vercellotti, Jay	11/1/09			6	171
48 May, Dan	5/1/10			6	168
49 Heiman, Doug	7/1/09		1	4	166
50 Willett, Bobby	5/1/10		1	2	161
51 Armstrong, Dan	2/1/10			2	147
51 Lee, Ronnie	8/1/10			5	147
53 Mitz, Eric	3/1/10			8	146
53 Pendley, Ann	9/1/10			5	146
55 Colvin, Tony	4/1/10			5	135
56 Hudson, Carol	6/1/09			7	134
57 Conner, David	6/1/09			5	130
58 Gilbert, Jane	4/1/10			7	129
59 Orth, Roger	8/1/10		2	4	127
60 Lutzel, Amy	10/1/09			2	114
61 Tolen, Jim	8/1/09			4	107
62 Jones, Cory	12/1/09			6	104
63 Paul, Larry	4/1/10			4	100
64 Krueger, Leandra	6/1/09			4	88
65 Halsey, Craig	6/1/09			4	84
66 Riley, Cody	6/1/09			3	71
67 Carter, Faye	1/1/10			2	69
68 Long, Nathan	5/1/09			3	66
69 McCarthy, Tom	7/1/09			3	65
70 Neff, Ward	11/1/09			3	61
71 Nesbitt, Jonathan	6/1/09			2	55
71 Pendley, Nicholas	9/1/10			2	55
71 Whittaker, Ashley	4/1/10			3	55
74 Brindle, Carson	5/1/10			3	51
74 Brindle, Sonya	5/1/10			3	51
76 Greenfield, Dana	2/1/10			2	48
77 Allen, Rich	4/1/10			2	44
78 Roeder, Greg	12/1/09			2	37
79 Bennett, John	5/1/09			2	34
80 Hoang, Tran	1/1/10			1	33
81 Garrison, Rick	10/1/09			1	23
81 Vote, Dan	5/1/10			1	23
83 Wingert, Chuck	5/1/09			1	21
84 Oliver, Mark	5/1/09			1	17
85 Weyer, Audrey	2/1/11			1	13
85 Weyer, Brett	2/1/11			1	13
85 Weyer, Brock	2/1/11			1	13
85 Weyer, Keith	2/1/11			1	13
85 Weyer, Theresa	2/1/11			1	13

## Overdue Memberships

Club Member	Exp.	Ride Host	100 Miles	No. of Rides	Club Miles
Bohler, Nick	3/1/09			6	129
Seger, Khrist	3/1/09			5	123
Ward, Kelly	3/1/09			2	37

## Men's Standings

Club Member	Exp.	Ride Host	100 Miles	No. of Rides	Club Miles
1 Yeager, Rusty	6/1/09		16	49	1979
2 Ashworth, David	12/1/09		2	34	1294
3 Nalley, Shane	9/1/09		4	32	1109
4 Silke, Randy	6/1/09			36	1039
5 Krueger, Dan	6/1/09		1	32	1002
6 Pendley, Ron	6/1/09		1	29	990
7 Johnson, Bill	7/1/09		4	22	936
8 Jones, Cindy	12/1/09		2	30	908
9 Maurer, Terrell	7/1/09			30	888
10 Hudson, Hank	6/1/09			29	846
11 Jensen, Paul	10/1/09			25	831
12 Gerbig, Steve	11/1/09		11	19	706
13 Gardner, Gary	4/1/10		20	24	802
14 VanStone, Gene	11/1/10			29	580
15 Voegel, Bill	4/1/10		2	13	561
16 Boren, Mike	3/1/10			21	513
17 Janowski, Robert	7/1/09		1	12	480
18 Brindle, Matt	5/1/10			19	466
19 Watson, Craig	7/1/09			13	434
20 Enmark, Dave	5/1/09			10	404
21 Williams, Jeff	8/1/09			14	395
22 Roll, Steve	3/1/10			12	390
23 Brouillard, Gene	5/1/11			13	380
24 Myers, Dave	8/1/09			10	369
25 Jones, Curt D.	12/1/09			12	324
26 Demerly, Mike	7/1/09			12	323
27 Miller, Charles	3/1/10		1	5	286
28 Gardner, Opal	4/1/10			10	251
29 Pendley, Kevin	9/1/10		1	7	248
30 Lovins, Eric	3/1/10			8	219
31 Merrick, David	11/1/09			7	210
32 Niethammer, Jim	12/1/09		1	4	199
33 Sullivan, Patrick	1/1/10			7	179
34 Meyer, Greg	2/1/10			5	171
35 Vercellotti, Jay	11/1/09			6	171
36 May, Dan	5/1/10			6	168
37 Heiman, Doug	7/1/09		1	4	166
38 Willett, Bobby	5/1/10		1	2	161
39 Armstrong, Dan	2/1/10			2	147
40 Lee, Ronnie	8/1/10			5	147
41 Mitz, Eric	3/1/10			8	146
42 Colvin, Tony	4/1/10			5	135
43 Conner, David	6/1/09			5	130
44 Orth, Roger	8/1/10		2	4	127
45 Tolen, Jim	8/1/09			4	107
46 Jones, Cory	12/1/09			6	104
47 Paul, Larry	4/1/10			4	100
48 Halsey, Craig	6/1/09			4	84
49 Riley, Cody	6/1/09			3	71
50 Long, Nathan	5/1/09			3	66
51 McCarthy, Tom	7/1/09			3	65
52 Neff, Ward	11/1/09			3	61
53 Nesbitt, Jonathan	6/1/09			2	55
54 Pendley, Nicholas	9/1/10			2	55
55 Brindle, Carson	5/1/10			3	51
56 Allen, Rich	4/1/10			2	44
57 Roeder, Greg	12/1/09			2	37
58 Bennett, John	5/1/09			2	34
59 Hoang, Tran	1/1/10			1	33
60 Garrison, Rick	10/1/09			1	23
61 Vote, Dan	5/1/10			1	23
62 Wingert, Chuck	5/1/09			1	21
63 Oliver, Mark	5/1/09			1	17
64 Weyer, Brett	2/1/11			1	13
65 Weyer, Brock	2/1/11			1	13
66 Weyer, Keith	2/1/11			1	13

## Women's Standings

Club Member	Exp.	Ride Host	100 Miles	No. of Rides	Club Miles
1 Holland, Diana	11/1/09		1	55	1727
2 Loehrlein, Colette	10/1/09		2	35	1098
3 Bies, Diane	6/1/09		3	34	986
4 Jones, Cindy	12/1/09		2	30	908
5 Ashworth, Vicky	12/1/09			30	789
6 Robertson, Janet	2/1/10			23	591
7 Rold, Hope Jenkins	1/1/10			22	573
8 Clemmer, Linda	11/1/09			15	566
9 Leader, Caron	3/1/10		1	16	482
10 Williams, Mary	3/1/10			16	416
11 Hanft, Renee'	4/1/10			13	279
12 Gardner, Opal	4/1/10			10	251
13 Wefel, Darlene	11/1/09			9	240
14 Klotz, Andrea	8/1/09			8	188
15 Pendley, Ann	9/1/10			5	146
16 Hudson, Carol	6/1/09			7	134
17 Gilbert, Jane	4/1/10			7	129
18 Lutzel, Amy	10/1/09			2	114
19 Krueger, Leandra	6/1/09			4	88
20 Carter, Faye	1/1/10			2	69
21 Whittaker, Ashley	4/1/10			3	55
22 Brindle, Sonya	5/1/10			3	51
23 Greenfield, Dana	2/1/10			2	48
24 Weyer, Audrey	2/1/11			1	13
25 Weyer, Theresa	2/1/11			1	13

## Commuting Mileage

Club Member	Miles	Mon
Dave Myers	1427	Mi
Tom Ballard	676	Ap
Dan Krueger	700	Mi
Gary Gardner	98	Ap

## Ride Mileage Information

Club Rides	Mileage
Castle	23 - 35
Circuit Rides	20
Dogtown	12 - 23 - 43
Elite	17-22-32-43
Elite TP	22 - 37
Henderson High School	24 - 32 - 47
Mesker Park	23 - 38
Newburgh Dam	22 - 27 - 40
Olmstead	17 - 22 - 33
Reitz	21 - 41
Scott School	15 - 26 - 33
Wesselman/Garvin Park	20
West Terrace	25
Hosted Rides	
New Years Day Ride	17
Out-of-Town Rides	
Town and Country	38 - 61
Harmonie Hundred	50 - 53
TOSRV	105 - 105
Wurst Ride	33
Little River Tour	100
Horsey Hundred	100 - 70
CRAM	100
Tour de Cave	68
B & O Corridor Tour	62

## Statistical Summary

	2009	2008	2007
Number of club rides	192		
Club miles for the year	6,873		
Total miles ridden	34,907		
Member riders	89		
Non-member riders	34		
Total number of riders	1,137		
Avg. riders/ride	5.9		
Avg. miles/ride/rider	30.7		
Ride leaders	1		
Centuries	79		

- 1 TRIRI Tour - summer
- 2 TRIRI Tour - fall
- 3 Miscellaneous Tour

EBC Bikewriter  
P.O. Box 15517  
Evansville, IN 47716

<http://www.evansvillebicycleclub.org>

## The Evansville Bicycle Club, Inc.

Name(s) & \_\_\_\_\_  
Age(s) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

Phone (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Email \_\_\_\_\_

Signature \_\_\_\_\_

Membership  
Dues

Individual  
\$12

Family  
\$20 + \$1 per  
child

Send me the  
newsletter by:

☐ Email

☐ USPS

### Release of Liability

Evansville Bicycle Club, Inc. is organized for the sole purpose of providing its members with notification of central meeting points and times. Members freely elect to ride together as a group, following a route of choice. In signing this form for myself and/or my family members, I understand and agree to absolve EBC, Inc. and its organizers or sponsors for all blame for any injury misadventure, harm, loss or inconvenience suffered as a result of participation in any ride or activity associated with, or sponsored by, EBC, Inc. I further understand that I, as an individual, am responsible to abide by all traffic laws and regulations governing bicycling and take full responsibility for my actions.

Make checks payable to Evansville Bicycle Club, Inc.

Mail to: Dave Ashworth  
613 Vernonwood Ct.  
Evansville, IN 47712  
Email: [d.ashworth@insightbb.com](mailto:d.ashworth@insightbb.com)