



EBC BIKEWRITER

The Evansville Bicycle Club Newsletter

June
2008

President's Page

Darlene Wefel - EBC President

What happened to May? It has flown by and it all seems a blur. The 2nd Annual Wurst Bike Ride was a huge success. I saw a lot of familiar faces and good time was had by all. Thanks to Dan's Competition, RC Cola, the Vanderburgh County Commissioners, and Burdette Park.

I'm sure that our editor, Dan Krueger, will be writing an article about his recent encounter with a vehicle, which has taken him off his bike for the next couple of months. Dan was very lucky and if you have time drop him an email. I'm sure he will appreciate hearing from everyone.

You can tell summer is here so make sure to check out the Ride Schedule for this month. You have forty rides to choose from, not counting TRIRI. Our good reputation is spreading throughout the community as the schedule includes a bicycle safety event at T.J. Maxx. Business leaders in the community are looking to the EBC for training children and adults on how to ride safely. If you have a couple of hours to spare, we could use your help at the T.J. Maxx Bicycle Safety on Sunday, June 8 from 1:00 – 4:00 pm at the distribution center on Lynch Road.

We will have one bike safety training course, a safety video, helmet fitting, bike inspection, coloring books, and safety information. All members that help will receive 38 club miles. Please contact me (dwwefel@wowway.com or 490-0686) and add your name to the list. We need to set a good example and demonstrate to the community that the EBC is a great organization and believes in community service and education.

The EBC has been asked by Dave Schutte, Project Coordinator, Safe Schools/Healthy Students Initiative in the picnic day at IVY Tech on Wednesday, July 9 from 1:00 – 4:00 pm. They have given 125 bicycles away to students who had earned them by meeting behavior related criteria at this event. Last year, we aired tires, showed a video, and fitted helmets. We need about eight people to help. We plan to use air compressors to fill tires this year. If you can help, please contact me.

Summer officially arrives on June 20 and I've vowed that no matter how hot it gets I will not complain about the heat and humidity. After this soggy, cool spring, I'm looking forward to some hot and sunny days. To keep cool and protect my skin, I am planning to follow a few tips that I found. :

- **Drink plenty of fluids, throughout the ride.** Do not wait until your thirsty, because by the time your thirsty it's too late. A friend of mine set his watch to chime every 2 minutes.
- **Try to apply sunscreen at least 30 minutes before exposure.** Be careful not to apply it above the eyes, When the sweat runs into your eyes it will carry the sunscreen into them and make them burn. Besides, your helmet covers that portion of your face. Don't forget to apply the sunscreen to your ears.

Lastly, if you have found some type of chap stick that keeps your lips from getting sun or wind burn let me know in all my years of riding I have not found one that works really well.

Respectfully Submitted,

Darlene Wefel

TABLE OF CONTENTS

- 1 - President's Page
- 2 - New EBC Shirts and More
- 2 - Homemade Protein Bars
- 3 - How to Hold Your Own
- 3 - Priority Service from Gilles
- 4 - They May Need Some TLC
- 5 - Tour Director
- 6 - June 2008 Ride Schedule
- 7 - 2008 Stats

EBC CONTACTS

Darlene Wefel - President
812-490-0686

Paul Jensen- VP
812-479-3213

Vicky Ashworth - Secretary
812-426-2489

Kevin Pendley - Treasurer
812-490-3217

Dave Ashworth - Membership
812-426-2489

Rusty Yaeger - Statistician
812-402-1787

Jay Vercellotti - Touring / Webmaster
812-867-7549

Ann Pendley - Publicity
812-490-3217

Linda Clemmer - GPM Coordinator
812-568-5097

Gary Gardner - Board of Directors
812-853-0476

Dan Krueger - Newsletter
yesman1000@hotmail.com

New Denim/Chambray Shirt Order (and More!)

Shirts are being designed for Evansville Bicycle Club. These are 100% cotton shirts with full color embroidery of the club logo above the pocket area. Men's sizes range from Small to 4X-Large plus Tall sizes. You can order your shirts in long or short sleeves. Women's sizes range from X-small to 2X-Large with long sleeved, short sleeved, and sleeveless styles available.

You can check out the shirts online at: <http://www.sierrapacificapparel.com/denim-shirt-manufacturer.htm>. The anticipated cost per unit will vary based on type and size, but should be between \$20 and \$28 a shirt which includes embroidery. If interested, please contact Rusty Yeager at ryeager42@wowway.com

ALSO, the club has a new decal design and an order has been placed. It won't be long before we see the EBC logo on cars all over the tri-state.

New Members

Here are the newest member(s) to the Evansville Bicycle Club. Please make sure to introduce yourself and make them feel welcome at your next ride.

Cesar Lau | Check Wingert
Kate, Patrick Natalie and Justin Lyons

Homemade Protein Bars

I got this recipe from Ann Pendley. I don't know if this is her own recipe or not, but I tried them and liked it a lot. If done correctly, they will taste like a Reese's Peanut Butter Cup (which is good because it is the only way I will eat peanut butter).

What You Need:

1 jar Natural Peanut Butter
1 3/4 cups Honey (Regular or Sugar Free)
2 1/4 cups Chocolate Whey Protein
3 cups Oats

Instructions:

Microwave peanut butter for one minute and pour into a 8x11 1/2 pan. Mix in honey. Add chocolate whey protein in small portions. Contents will start to thicken and you will need to use your hands to mix/knead. Add oatmeal and knead. When completed refrigerate and cut into bars.

EBC Website:

<http://www.evansvillebicycleclub.org>

Notes from the Editor

Fellow bikers and friends,

A member referenced the fact that I ended my last article with "Let's hit the pavement!" I also included about my wife's first ride and experience with clipless pedals. What happens on May 1? Coincidence? Karma? Hmmmmm....

The first day of May could definitely be described as "MAYDAY" for me. I'm sure most of you have heard about the bicycle accident with which I was involved. One week prior, I was out with three riders doing my first century of the year. Apparently, one hundred miles equals no problems. One mile from home...all bets are off.

All things considered, I am alright. I consider myself fairly lucky. I have a compression fracture of my T-12 vertebrae and I am in a back brace for three months. As a result, no lifting, driving or biking (obviously).

Knowing I had no chance at mileage leader, I did set my personal goals to top the commuter mileage category this year and rack up an additional 2,000 club miles. It appears that I will really need to kick myself in gear once August hits if I am going to even make a dent.

So I have a lot of time to kill now since I can't ride. This is a great chance to make the newsletter look good and get caught up with other EBC-related things I need to get done. Additionally, I will be taking advantage of the volunteer opportunities that are available to promote safe bike riding. Gas isn't getting any cheaper and the more bikes that are on the road mean that we need to be more vigilant in awareness.

Before I sign off, I think I'll avoid any "pavement" references. I think it is best if I encourage all of us to stay upright.

Dan Krueger
EBC BikeWriter Editor



Indiana Bicycle Coalition
www.bicycleindiana.org

Mission: The mission of IBC is to create a bicycle friendly Indiana through Promotion, Education and Advocacy.

Membership begins at \$25.



League of American Bicyclists
www.bikeleague.org

Mission: To promote bicycling for fun, fitness and transportation and work through advocacy and education for a bicycle-friendly America.

Membership begins at \$35.

How to Hold Your Own on Fast Club Rides

By Fred Matheny for www.RoadBikeRider.com

The major activity of any cycling club, racing or touring, is the group ride. As a result, it's important to know how to hang tough on a given ride and make yourself welcome on the next one. Success is often due to more than fitness. Here's a club cycling primer!

- Know the group's traditions.

Some clubs like to start all rides, no matter how fast they'll eventually become, with 20 or 30 minutes of easy warm-up. If you're impatient early, you can cause hard feelings by chafing at the bit to go faster. When you know the pattern, it's easier to be patient.



- Know what kind of ride is planned.

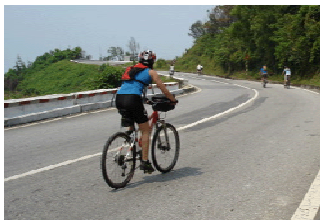
Will it be a fast training ride? A leisurely spin? Paceline practice? It's disruptive when most of the group is thinking one thing while one or two cyclists are on a different agenda. If an easy recovery ride is scheduled, but you're out for hard training, people are going to get angry. Be certain of the ride's goal before the start.

- Don't be a loco locomotive.

If you're having trouble taking your pulls at the front, get off quickly and slide back to get maximum draft in the paceline. It's far better to sit on the back and let others do the work than to slow everyone with valiant but sluggish turns at the front.

- Use a racing trick if you often get dropped on climbs.

As a climb begins, be nestled in the front third of the bunch. Get as much draft as possible. If you can't hold the pace, don't blow up trying. Let yourself slide back through the group but still be in contact at the top.



- Accept help on hills.

Stronger cyclists may give you a helpful push as they ride by. Don't be embarrassed by their help. They probably got towed up climbs when they were starting, too. A short push often allows you to regain your

breathing and climbing rhythm so you can continue on your own.

(Cont. Page Four)

EBC Website:

<http://www.evansvillebicycleclub.org>

NEW PRIORITY BICYCLE SERVICE

FOR EBC MEMBERS

AT GILLES CYCLING & FITNESS

As avid cyclist ourselves we know how important it is to stay on



a weekly riding / training schedule. We also understand what an inconvenience it is to have a mechanical problem and not be able to stick to our schedule because our bike is in the shop.

At Gilles Cycling and Fitness, we want to help the EBC club member stay on the road. There are two methods you, as a current EBC member, can use to receive priority bicycle service. Here is how the first option works, just bring your bike into the store, present your current EBC card and ask for the 48-hour priority service program on any of the adjustments listed below, we will have you back on the road within 48-hours.

- * Bar tape
- * Brake adjustments
- * Cables brake or derailleur
- * Derailleur adjustments
- * Derailleur hanger alignment
- * Headset adjustments
- * Tires / tubes replaced
- * Wheels trued or spoke replacements

The second way to receive priority service is to call ahead and make an appointment. This option is great if you would like to wait for a small repair to be done or for jobs requiring more time such as wheel rebuilding or complete bike overhauls. With this option we can have you back in the saddle and ready to ride in just a few hours. Of course if repair parts would need to be ordered, additional time would be required.

Gilles Cycling & Fitness wants to help you stay on your bike and obtain your 2008 fitness goals so stop by and try out the new EBC member priority service programs today.

Ride safe,
Gilles Cycling & Fitness

Any EBC member is welcome to submit personal stories about rides, equipment or anything else to do with cycling. Please send your stories to Dan Krueger at yesman1000@hotmail.com. Pictures are welcome and HIGHLY encouraged.

Fast Club Rides (cont.)**- Pick a strong rider to follow.**

If you're really having difficulty keeping the pace, get on the wheel of a good rider and mirror his (or her) technique. Use the same gear, stand when he does, take a drink as soon as he reaches for his bottle, and so on. This teaches you good cycling habits. Plus, emulating his movements takes your mind off your own effort and helps you past the hard spots.

- Don't be afraid to say the pace is too hard.

It's a good bet that other cyclists feel the same way but are reticent to speak up—or can't, because they're breathing too hard to talk! Perhaps even the riders who are setting the pace are having difficulty, but they continue to go hard out of vanity or because they think everyone else expects them to. A little communication goes a long way in making a group ride a more pleasant and productive experience.

- If you always have trouble holding the pace, look for different group.

Find one closer to your ability level. There's no shame in rationally assessing your strength and choosing cyclists who share it. You'll actually improve faster if you ride with a group that you are on equal terms with. You'll be able to practice paceline cycling, following a wheel, riding in close quarters, cornering in a group, and other important skills.

- Don't let group cycling hurt your progress.

Frequently riding with a too-fast group will make you tired. You won't improve as rapidly as you might with more rest. A pace that's too fast will hurt you mentally, too. You'll begin to associate cycling with pain, misery and disappointment. Don't let your ego overpower your better judgment. An appropriate dose of humility now will pay dividends later.

For Sale

Complete bike- 2005 Trek 5000 carbon fiber -54cm frame. New tires, lightweight, shimano ultegra and 105 parts. \$900 or good offer. Contact Colette at (812)491-3645 or coco2008@insightbb.com.

For Sale

Complete bike ready to ride or race! 54cm GT LOTTO-Professional race bike-ONLY GT MODEL MADE IN USA! Custom Easton tubing, Easton carbon fork, full 9 speed Dura-Ace, less than 2000 miles on entire bike, rides and looks like new. Very light! New \$3100 will sell for \$925.00. Contact Bob Janowski at (812) 473-4441 or robert_janowski2000@yahoo.com for more info or photos.

They May Need Some TLC**By Curt Jones**

As the season rolls into full swing be sure your bikes wheels, spokes and tires are in good shape. Most of us ride light weight wheelsets and tires. Even though they carry a hefty price tag, they don't last forever in fact they may need more maintenance than the low end models.



You can either check them yourself or have a qualified shop give them the once over before you get serious this season. Be sure there are no cracks in the rim, they have good spoke tension, are running true and your tires are not worn out or dry rotted.

By taking time to inspect these critical areas of your bike often you can increase the chances for safe trouble free miles for you and the those you ride with.

Ride safe,
Curt Jones

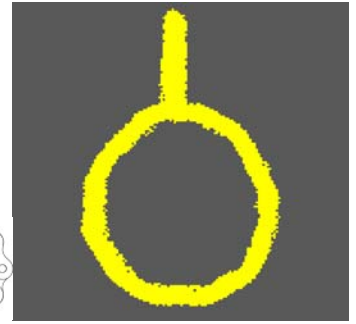
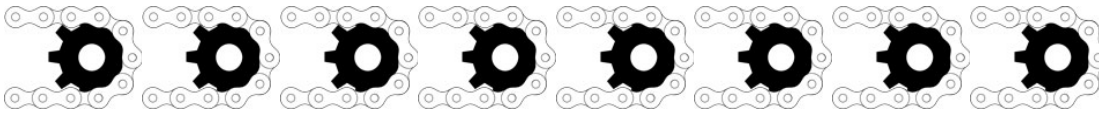
For Sale

Two (2) like new Ksyrium Elites 07s wheels. They are 700's with beautiful silver rims with no scratches, impeccable. Maybe 100-200 miles on them. \$475 for the pair. Contact Diana Holland at 812 453-1527 or Dibabes@aol.com.

**EBC Website:**

<http://www.evansvillebicycleclub.org>

MARKED UP!



*Ride Schedule and Website News with Tour Director and Webmaster, Jay Vercellotti
rides @ endlessvistas.com*

New Start Times for June: The Saturday morning rides will move to their summer start time of 8:30 and the Centuries will move to 7:00 for the months of June to September.

New Route Maps: The Dogtown 23 B and No-Drop routes have been mapped on the bikely.com website. Links are posted on the maps page of the website. We all know the 23 B route is crazy, but everyone really should look at the map! It is more of a grid than a route, but sure makes good use of the flat roads out there in the bottoms.

TJ Maxx Bicycle Safety: On June 8th, there will be no afternoon ride scheduled to encourage members to volunteer for the bicycle safety event at the TJ Maxx Distribution Center. Volunteers can receive club miles for participating.

Tour de Corn: The Tour de Corn ride in Missouri is eligible for club miles, but doesn't appear on the calendar for space reasons. See the Event Information section below for details.

Ironman Ride: Diana Holland and Colette Loehrlein are hosting a 112 mile ride that follows an ironman ride's cycling portion. The ride will start at 6AM on June 10th on the lakefront in Louisville, KY and will be 112 miles. Contact one of them for more details (see below).

Get out there and ride — any distance at any speed. Just be sure to enjoy yourself along the way.

Event Information

June 7: 8:15 AM Tour de Cave @ Oakland Elementary School in Oakland, KY 8, 16, 38, or 68 mi. <http://www.bglob.com/tdc.php> 270-792-2585 \$\$

June 7: 8:50 AM B&O Corridor Bicycle Tour @ Brownsburg, IN Williams Park, 940 South Locust Lane <http://www.botrail.org/> 10, 25, 45, or 62 mi. \$\$

June 8: 1:00-4:00PM TJ Maxx Bicycle Safety @ Distribution Center off Lynch Rd. 3301 Maxx Rd. Volunteers Needed. Call or email Darlene Wefel 812-490-0686 dwwefel@wowway.com.

June 10: 6:00 AM Ironman Cycling @ Louisville, KY Lakefront. Ride organized by Diana Holland (453-1527) and Colette Loehrlein (204-2993). Call for details and to sign up. 112 miles.

June 22-28: TRIRI (Touring Ride in Rural Indiana). <http://www.triri.org/>

June 28: 7:00 AM Ride to New Albany @ Plaza Park MS on outer Lincoln. You must have your own SAG along the route & back to Plaza. 122 Hilly Miles.

Jun. 28: 7:30 AM Tour de Corn @ East Prairie, MO at the Family Life Center. 15, 30, 60, or 100 mi. <http://www.tourdecorn.com/> \$\$

June 28: 11:00PM Nite Ride @ Indianapolis, IN Major Taylor Velodrome, 3649 Cold Springs Rd. Registration 4 PM – 10 PM. 20 mi. <http://www.niteride.org> 317-767-7765 #3 \$\$

June 2008 E.B.C. Ride Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 10:00 AM @ <u>Castle HS</u> on Hwy 261 in Newburgh 23 or 35 miles.</p> <p>3:30 PM Come Ride With Us @ <u>I-164 Access</u> Burkhardt & Olmstead Rds. 17, 23, or 33 mi.</p>	<p>2 Club Jersey Sundays. Wear your Evansville Bicycle Club Jersey on the Sunday club rides.</p>	<p>3 9:00 AM & 6:00 PM @ <u>I-164 Access</u> Burkhardt & Olmstead rds. 17 or 23 miles.</p>	<p>4 6:00 PM @ <u>Castle HS</u> on Hwy 261 in Newburgh 23 mi.</p>	<p>5 9:00 AM @ <u>Old Dam Site</u>, Newburgh, 27 mi.</p> <p>6:00 PM Come Ride With Us (Circuit Ride) @ <u>Boonville Jr. High School</u> Yankeetown side 20 mi.</p>	<p>6 9:00 AM Circuit Ride @ <u>Boonville Jr. High School</u> Yankeetown side 20 mi.</p>	<p>7 8:15 AM <u>Tour de Cave</u> @ Oakland, KY 8, 16, 38, or 68 mi. \$\$</p> <p>8:50 AM <u>B&O Corridor Bicycle Tour</u> @ Brownsburg, IN 10, 25, 45, or 62 mi. \$\$</p> <p>8:30 AM & 1:00 PM @ <u>Henderson Co. High School</u> in Henderson, KY 24, 32, or 47 mi.</p>
<p>8 10:00 AM @ <u>Mesker Park</u>, Mesker Park Dr. & Wimberg Ave. 23 or 38 mi.</p> <p>1:00—4:00 PM TJ Maxx Bicycle Safety @ Distribution Center off Lynch Rd. 3301 Maxx Rd. Volunteers Needed. Call or email Darlene Wefel 812-490-0686 dvwefel@wowway.com</p>	<p>9</p> <p><i>There is no afternoon ride on 6/8, but club miles will be given for volunteering.</i></p> <p>←</p>	<p>10 6:00 AM <u>Ironman Cycling @ Louisville, KY Lakefront</u>, Ride organized by Diana Holland (453-1527) and Colette Loehlein (204-2993). Call for details and to sign up. 112 miles.</p> <p>9:00 AM & 6:00 PM @ <u>I-164 Access</u> Burkhardt & Olmstead rds. 17 or 23 miles.</p>	<p>11 6:00 PM @ <u>Castle HS</u> on Hwy 261 in Newburgh 23 mi.</p>	<p>12 9:00 AM @ <u>Old Dam Site</u>, Newburgh, 27 mi.</p> <p>6:30 PM Club meeting @ Newburgh Pizza Chef near Wesselman's on Hwy 261.</p>	<p>13 No Circuit Ride</p> <p><i>What's a No Drop Ride?</i> It's a great opportunity to come see what the E.B.C. is all about. We ride 12 miles on a flat road at about 12 MPH. You don't need to be a member!</p>	<p>14 8:30 AM NO DROP RIDE @ <u>Dogtown Boat Ramp</u> on Old Henderson Rd. 12 mi.</p> <p>9:45 AM & 1:00 PM Same Place 23 mi.</p>
<p>15 Father's Day</p> <p>10:00 AM @ <u>Henderson Co. High School</u> in Henderson, KY 24 or 32 mi.</p> <p>3:30 PM Come Ride With Us @ <u>I-164 Access</u> Burkhardt & Olmstead Rds. 17, 23, or 33 mi.</p>	<p>16 Directions to H.C. H.S. Take Pennyrile Pkwy to SR 351 exit go East (coming from Evansville go under Pennyrile) approximately 1/2 mi. to school on right.</p>	<p>17 9:00 AM & 6:00 PM @ <u>I-164 Access</u> Burkhardt & Olmstead rds. 17 or 23 miles.</p>	<p>18 6:00 PM @ <u>Castle HS</u> on Hwy 261 in Newburgh 23 mi.</p>	<p>19 7:00 AM <u>Club Century</u> @ Plaza Park MS on Outer Lincoln Ave. 100 mi. <u>Santa Claus</u> or <u>Touring Route</u></p> <p>9:00 AM @ <u>Old Dam Site</u>, Newburgh, 27 mi.</p> <p>6:00 PM Come Ride With Us (Circuit Ride) @ <u>Boonville Jr. High School</u> Yankeetown side 20 mi.</p>	<p>20 9:00 AM Circuit Ride @ <u>Boonville Jr. High School</u> Yankeetown side 20 mi.</p>	<p>21 7:00 AM <u>Club Century</u> @ Plaza Park MS on Outer Lincoln Ave. 100 mi. <u>Santa Claus</u> or <u>Touring Route</u></p> <p>8:30 AM & 1:00 PM @ <u>Dogtown Boat Ramp</u> on Old Henderson Rd. 12, 23, or 43 mi.</p>
<p>22 10:00 AM @ <u>Scott School</u> on Old State Rd. 15, 26, or 33 mi.</p> <p>3:30 PM Come Ride With Us @ <u>I-164 Access</u> Burkhardt & Olmstead Rds. 17, 23, or 33 mi.</p>	<p>23 TRIRI</p> <p>June 22-28 www.triri.org (812) 333-8176</p>	<p>24 TRIRI</p> <p>9:00 AM & 6:00 PM @ <u>I-164 Access</u> Burkhardt & Olmstead rds. 17 or 23 miles.</p>	<p>25 TRIRI</p> <p>6:00 PM @ <u>Castle HS</u> on Hwy 261 in Newburgh 23 mi.</p>	<p>26 TRIRI</p> <p>9:00 AM @ <u>Old Dam Site</u>, Newburgh, 27 mi.</p> <p>6:00 PM Come Ride With Us (Circuit Ride) @ <u>Boonville Jr. High School</u> Yankeetown side 20 mi.</p>	<p>27 TRIRI</p> <p>9:00 AM Circuit Ride @ <u>Boonville Jr. High School</u> Yankeetown side 20 mi.</p>	<p>28 TRIRI</p> <p>7:00 AM <u>Ride to New Albany</u> @ Plaza Park MS on outer Lincoln. You must have your own SAG along the route & back to Plaza. 122 Hilly Miles.</p> <p>8:30 AM & 1:00 PM @ <u>Dogtown Boat Ramp</u> on Old Henderson Rd. 12, 23, or 43 mi.</p> <p>11:00PM <u>Nite Ride</u> @ Indianapolis, IN Major Taylor Velodrome, 20 mi. \$\$</p>
<p>29 10:00 AM @ <u>Elite Fitness</u> (57 & Kansas) 16, 23, 35, or 43 miles.</p> <p>3:30 PM Come Ride With Us @ <u>I-164 Access</u> Burkhardt & Olmstead Rds. 17, 23, or 33 mi.</p>	<p>30 Circuit Rides We will ride one to one and a quarter hours on a two to six mile (or so) course. All Circuit rides will count as 20 miles.</p>	<p>Stats?: Rusty Yeager ryeager42@wowway.com</p> <p>Newsletter?: Dan Krueger yesman1000@hotmail.com</p> <p>\$\$=Registration Fee</p>	<p>Ride hosts welcome for July and August</p> <p>Call or e-mail Jay Vercellotti @ 867-7549 rider@endlessvistas.com</p>	<p>Directions to Dogtown Take the Barker Ave. exit south from the Lloyd Expy. At Broadway Ave. go right (stop light). At Tekoppel Ave. go left (right before the levee). At Old Henderson Rd. go right (Tekoppel T's into Old Henderson Rd.) Dogtown Boat Ramp will be approx. 1 mi. down the road on the same side as the river.</p>	<p><i>New riders need to be ready to leave 30 minutes early and are encouraged to start with a "No Drop" or "Come Ride With Us" Ride.</i></p> <p><i>Helmets are mandatory.</i></p> <p><u>As always, please park on the I-164 side of the Access Road & PARK ON PAVEMENT!</u></p> <p>http://www.evansvillebicycleclub.org</p>	

Evansville Bicycle Club – 2008 Club Mileage through 5/20/2008

Club Member	Exp.	Ride Host	100 Miles	No. of Rides	Club Miles
1 Holland, Diana	11/1/08		1	43	1349
2 Silke, Randy	6/1/08			35	1196
3 Heng, David	12/1/08			33	1190
4 Ashworth, David	12/1/08		2	31	1085
5 Maurer, Terrell	7/1/08			34	1040
6 Yeager, Rusty	6/1/08		4	19	974
7 Gardner, Gary	4/1/08		14	31	951
8 Niethammer, Jim	12/1/08		8	22	890
9 Nalley, Shane	9/1/08		2	27	812
10 Conner, David	6/1/08			23	749
11 Ashworth, Vicky	12/1/08			26	710
12 Pendley, Ron	6/1/08			21	687
13 Carter, Archie	10/1/08		1	18	678
14 Krueger, Dan	6/1/09		1	19	625
15 Watson, Craig	7/1/08			21	592
16 Merrick, David	11/1/08			17	550
17 Loehlein, Colette	10/1/08		1	16	535
18 Sullivan, Patrick	1/1/09			18	522
19 Clemmer, Linda	11/1/08			15	498
20 Williams, Mary	3/1/09			15	492
21 Wefel, Darlene	11/1/08			20	490
22 Robertson, Janet	2/1/09			15	456
23 Myers, Dave	8/1/08			14	451
24 Janowski, Robert	7/1/08			17	450
25 Rold, Hope Jenkins	1/1/09			15	435
26 Jones, Cindy	12/1/08			15	430
26 Lee, Ronnie	8/1/08			16	430
28 Barker, Matt	10/1/08			13	424
28 Johnson, Bill	7/1/08		1	11	424
30 Jensen, Paul	10/1/08			13	365
31 Pendley, Kevin	9/1/08			12	353
32 Bies, Diane	6/1/08			14	346
33 Pollock, Chris	4/1/08			10	318
34 Enmark, Dave	5/1/08			9	276
34 Gardner, Opal	4/1/08			9	276
36 Neighbors, Darius	11/1/08			9	275
37 Brouillard, Gene	5/1/08			12	266
38 Alexander, Cinda	6/1/08			12	263
39 Deputy, Brian	6/1/08			8	259
40 Roeder, Greg	12/1/08			10	254
41 Demerly, Mike	7/1/09			9	251
42 Willett, Bobby	5/1/08			6	226
43 May, Dan	8/1/08			8	220
44 Brindle, Matt	5/1/09			6	216
45 Townsend, Derick	4/1/09			8	215
46 Vercellotti, Jay	11/1/08			6	196
47 Long, Nathan	5/1/09			7	171
48 Kuchenbrod, Kelly	6/1/08			5	162
48 Meyer, Greg	2/1/09			5	162
48 Slaughter, Sam	10/1/08			5	162
51 Jones, Curt D.	12/1/08			5	124
52 Garrison, Rick	10/1/08			5	115
53 Tolen, Jim	8/1/09			5	109
54 Heiman, Doug	7/1/08			4	102
55 Hanft, Renee'	4/1/09			4	92
56 McCarthy, Tom	7/1/08			4	90
57 Alexander, Greg	6/1/08			4	87
58 Gerbig, Steve	11/1/08			4	86
59 Whittaker, Ashley	4/1/08			5	76
60 Boren, Mike	3/1/09			3	69
61 Bennett, John	5/1/08			3	67
61 Halsey, Craig	6/1/08			3	67
61 Kuchenbrod, Aleks	6/1/08			2	67
61 Kuchenbrod, Tom	6/1/08			2	67
65 Pendley, Ann	9/1/08			3	66
65 Woods, Larry	4/1/08			2	66
67 Ward, Kelly	3/1/09			3	60
68 Brandenberger, Marion	11/1/08			2	56
68 Klotz, Andrea	8/1/08			2	56
68 Krueger, Leandra	6/1/09			2	56
71 Demerly, Anna	7/1/09			1	47
71 Demerly, Edwin	7/1/09			1	47
71 Demerly, Jaime	7/1/09			1	47
74 Umbach, John	10/1/08			1	43
75 West, Daryn	5/1/09			2	33
76 Leader, Caron	3/1/09			1	23
76 Lyons, Jeff	5/1/09			1	23
78 Garrison, Mike	4/1/09			1	22
79 Jones, Cory	12/1/08			1	20
79 Pendley, Nicholas	9/1/08			1	20
81 Bies, Gretchen	6/1/08			1	17
81 Oliver, Mark	5/1/09			1	17
82 Carter, Faye	1/1/09	1		0	0

Commuting Mileage

Tom Ballard	500	April
Jim Niethammer	268	April
Gary Gardner	234	April
Dan Krueger	142	April
Cindy Jones	40	April
Ashley Whitaker	17	April

Ride Mileage Information

Club Rides	Mileage
Castle	23 - 35
Circuit Rides	20
Dogtown	12 - 23 - 43
Elite	17-22-32-43
Elite TP	22 - 37
Henderson High School	24 - 32 - 47
Mesker Park	23 - 38
Newburgh Dam	22 - 27 - 40
Olmstead	17 - 23 - 33
Reitz	21 - 40
Scott School	15 - 26 - 33
USI	20 - 40
Wesselman Park	20
West Terrace	25
Hosted Rides	
New Years Day Ride	22 - 27 - 40
Out-of-Town Rides	
TriFest	62
Howell Wetlands – Earth Day	33
Harmonie 100	51 – 54
TOSRV	106 – 106
Wurst Ride	32

Statistical Summary

	2008	2007	2006
Number of club rides	131		
Club miles for the year	4,657		
Total miles ridden	28,076		
Member riders	75		
Non-member riders	17		
Total number of riders	911		
Avg. riders/ride	7.0		
Avg. miles/ride/rider	30.8		
Ride leaders	1		
Centuries	35		

- 1 TRIRI Tour - summer
- 2 TRIRI Tour - fall
- 3 Miscellaneous Tour

EBC Bikewriter
P.O. Box 15517
Evansville, IN 47716

<http://www.evansvillebicycleclub.org>

The Evansville Bicycle Club, Inc.

New Membership and Renewal Form 2008

Name & _____

Age _____

Address _____

City _____

State _____

Zip _____

Phone _____

E-mail _____

Signature _____

Membership

Dues

Individual - \$12

Family - \$20 +
\$1 per child

Release of Liability

Evansville Bicycle Club, Inc. is organized for sole purpose of providing its members with notification of central meeting points and times. Members freely elect to ride together as a group, following a route of choice. In signing this form for myself and/or my family members, I understand and agree to absolve EBC, Inc. and its organizers or sponsors for all blame for any injury misadventure, harm, loss or inconvenience suffered as a result of participation in any ride or activity associated with, or sponsored by, EBC, Inc. I further understand that I, as an individual, am responsible to abide by all traffic laws and regulations governing bicycling and take full responsibility for my actions.

Make checks payable to: Evansville Bicycle Club, Inc.

Mail to: Dave Ashworth
613 Vernonwood Ct.
Evansville, IN 47712

E-mail: d.ashworth@insightob.com