

# A CONTROL OF THE REPORT OF THE

## The Evansville Bicycle Club Annual Banguet

will be at the Executive Inn, 600 Walnut Street, Evansville, IN on January 10.

Hors d'oeruvers 5:30 p.m. Dinner 6:00 p.m.

### All reservations must be pre-paid. Deadline is Jan 2.

Contact Darlene Wefel if you have not made your reservations. You may take your reservation to her house or the New Year's Day ride.

#### FOR SALF

CYCLING ACCESSORIES, WOMENS CLOTHING AND BIKE

Older TREK Road Bike. Size 48 cm. 12 speed, Down-tube shifters, all original except for the new tires and tubes. Purple with yellow lettering and cables. Make a good offer.

SPD shoes. Lace-up, size 37. FREE

Purple shimmel Size S. FREE

Teal crop top Size S. FREE

Ladies shorts, Black, size 5 \$5.00 each

Other ladies clothing also. Cheap or free.

Selle San Marco Squadra Saddle \$ 5.00

Selle Women's Race Day Saddle \$5.00 (new)

NEW Continental Grand Prix tire 650x23. One only. Great Spare!

Paid \$48, Price \$15

2 NEW Michelin Axial Sport tires 700x23. \$15 for the pair Specialized Helmet size XS-S, Silver color. Worn two or three

times. \$10

Front Pantiers NEW. Blue color. \$15 Bike rack for back of SUV or Van. \$30

Call Faye (270) 821 2143 chiapet@charter.net

Great Biking Links
Submitted by Kate Fuller

Recumbent links:

Usenet:

alt.rec.bicycles.recument

http://www.bentrideronline.com

http://www.hostelshoppe.com

General cycling:

http://www.sheldonbrown.com - great for all

around how to fix bicycle stuff

Usenet:

rec.bicycles.misc

rec.bicycles.rides

Tour Finder:

http://www.bicycletour.com/

Great site for Midwest biking tour info:

http://www.mikebentley.com/bike/index.html

#### NEW YEAR'S RESOLUTION By Wayne W. Fuller

Every year we make resolutions for what our are goals are for the new year. It is a time to set new , goals or to revisit old unfulfilled goals. For me, the goals for the new year have revolved around riding 5000 miles on my bicycle. This has been my goal for each of the last two years. This past year, I also 🖺 had a new goal of riding RAIN., which I might add I did. I know that other members of our club also establish riding goals. How many of us succeed or fail in our riding goals is something that I really don't know. I know that I let our people know what my goals are for the year. In this way, I create a motivation for myself. When establishing a goal for the new year, it is good to let others know. They actually will reinforce you toward working on your goals simply by asking you how you are doing toward reaching those goals. Recording your goal in a small notebook at the beginning of the year and then 🌥 tallying your mileage each day, each week, and each month will put you ahead of reaching your goal. Never establish a goal that is unreachable. Know your limits and establish a goal slightly above your ァ limits. A goal that appears like an alp can destroy motivation. Working forward with a slow, steady progress can enhance our desire to achieve our new resolution. Over the past two years, I have found that a good start is important to reaching my bicycling goals for the year. A good start is the New Year's ride. It is only 20 miles, and it is an out and back, but it is the ride that can establish our resolve to achieving our riding goals for the rest of the year. By participating in this ride, you make the statement that you are ready to ride to the completion of your goals for the new year.

The following was taken from E-mails between Rusty and Bob Messick.:

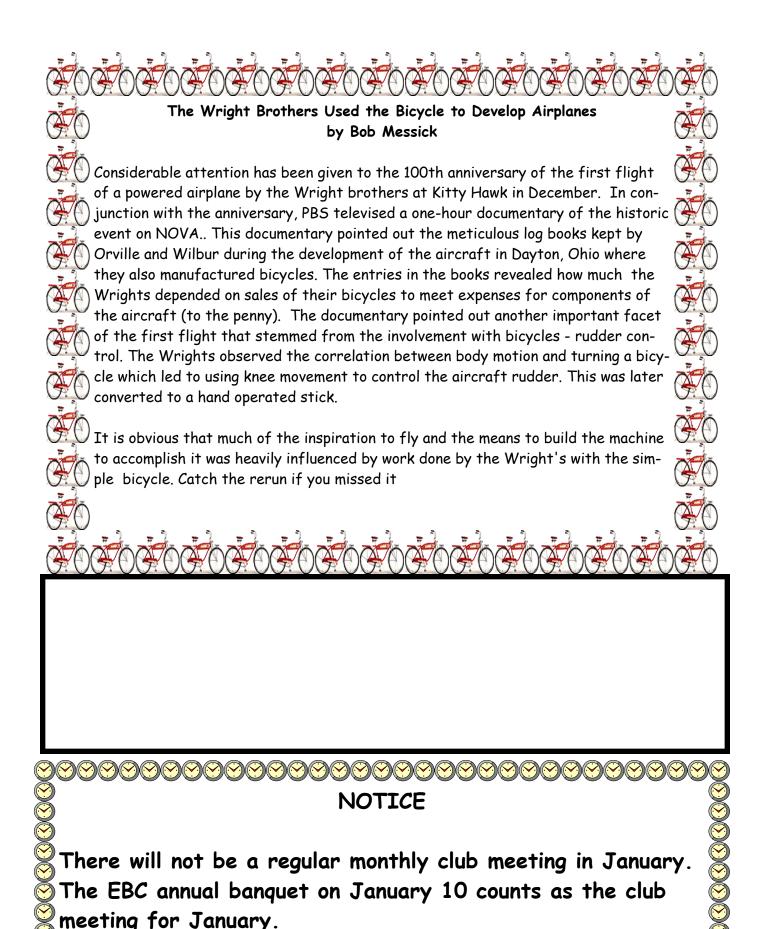
#### Bob:

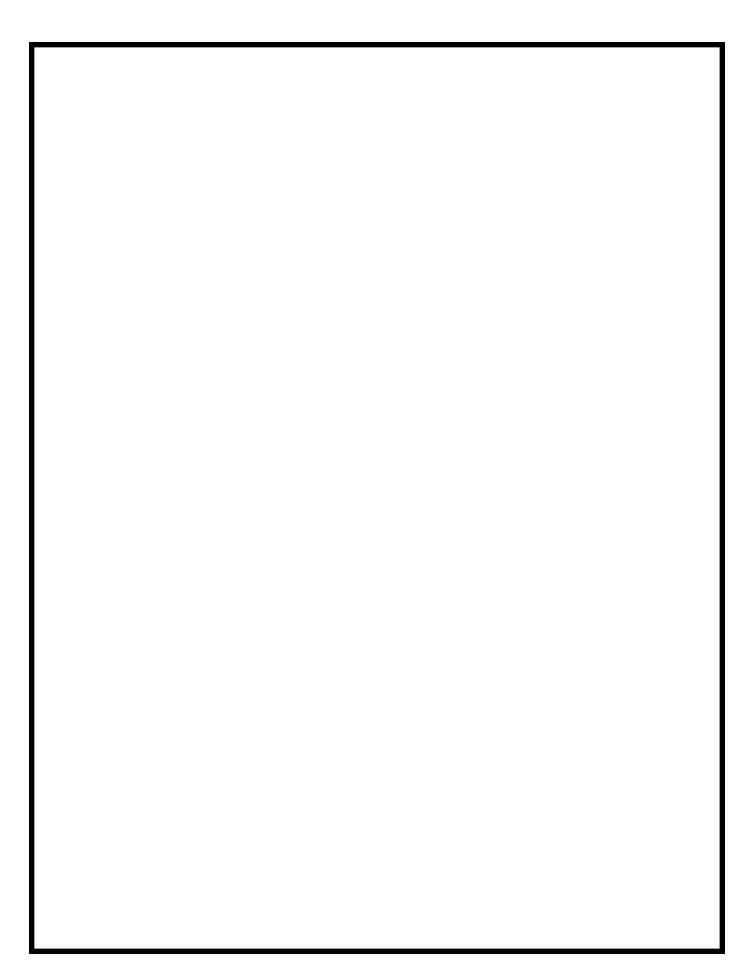
I managed to ride 55 miles before the weather turned bad. The last eight miles were in snow and wet roads from Chandler home.

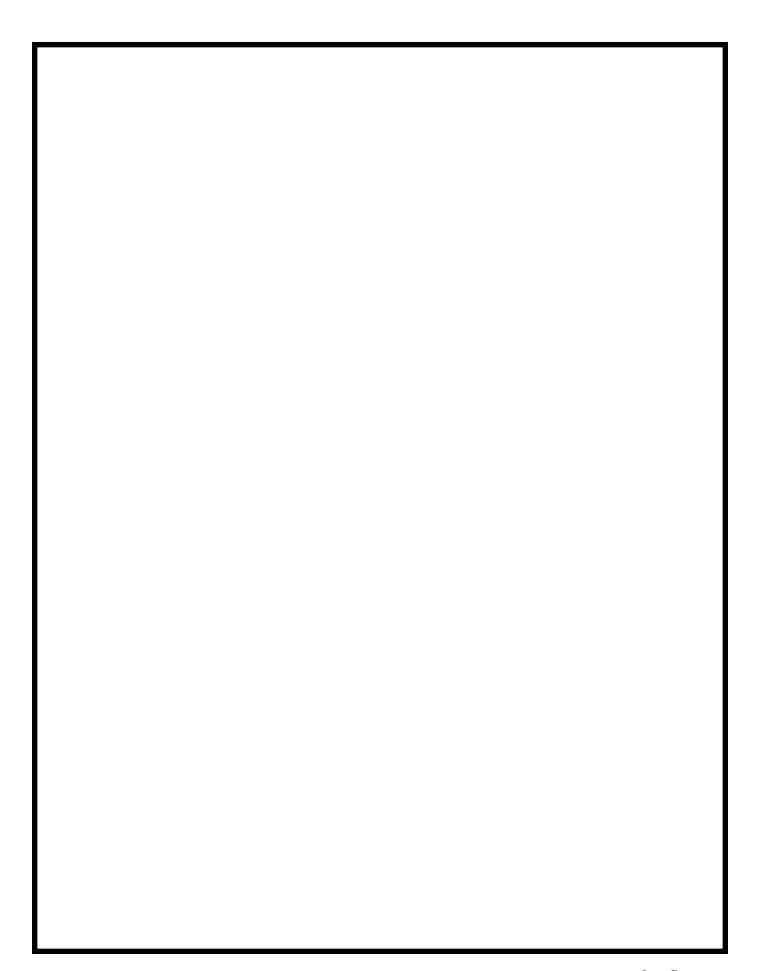
#### Rusty:

Mary and Diana managed 55 miles that morning as well. Julie Simmons and Dean Case rode 62 miles, opting to turn on to Folsomville Road and head back to Evansville when the weather turned. It seemed to be a repeat of the December 2000 club century. My reasoning was that I managed to finish that one, so I should be able to get through this one too. Getting to Dale posed a headwind challenge, but once I left Dale it really wasn't that bad - except for the flat tire. By the time I got back, the bike had gained a few extra pounds in ice, I had no rear brake, no front derailler, and I finished with only one functioning rear gear. What a ride.

Editor's note: What a ride? What an animal!







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Submit all articles to Faye Carter, the Editor, by calling 270 821-2143 or e-mail chiapet@charter.net

# The Evansville Bicycle Club, Inc.

| New Membership                     | and Renewa | al Application 20 | 04   |
|------------------------------------|------------|-------------------|--|
| Name                               | Age<br>    |                   | Release of Liability  Evansville Bicycle Club, Inc. is organized for sole purpose of providing it's members with notification of central meeting points and times. Members freely elect to ride together as a group, following a route of choice. In signing this form for myself and/or my family members I understand and agree to absolve EBC, Inc. and it's organizers or sponsors for all blame for any injury misadventure, harm |
| Address                            |            | Individual \$12   | loss or inconvenience suffered as a result of participation in any ride or activity associated with or sponsored by the EBC, Inc. I further  |
| CityState                          |            | Family \$20 +     | understand that I, as an individual am responsible<br>to abide by all traffic laws and regulations   |
| ZipPhone                           |            | \$1/child         | governing bicycling and take full responsibility for my actions.   |
| E-mail Address                     |            |                   | Make Checks payable to: Evansville Bicycle Club, Inc.  |
| Signature                          |            |                   | Mail to: Jim Niethammer<br>3008 Mockingbird Lane<br>Evansville, IN 47710<br>Email hamrtym@aol.com  |
| President Dave Ashworth (426-2489) |            | Membership        | Jim Niethammer (491-1709)  |

Statistician

Website Bob Wefel

Touring

Rusty Yeager

Julie Simmons (422-5979)

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